

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

**Suggested use: One tablet daily.
Can be taken anytime, even
on an empty stomach.**

Gluten free; 100% vegetarian;
no artificial flavors or colors.

Get the *Whole Truth!* Sign up for our
e-newsletter at newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you
should advise your healthcare practitioner of the use of
this product. If you are nursing, pregnant, or considering
pregnancy, you should consult your healthcare practitioner
prior to using this product.

WARNING: Accidental overdose of iron-containing products is a
leading cause of fatal poisoning in children under 6. Keep this
product out of reach of children. In case of accidental overdose,
call a doctor or poison control center immediately.

***This statement has not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure, or prevent any disease.**

Please recycle this bottle after use.

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every woman's ONE DAILY MULTI

**Whole-Food Cultured Multivitamin
with Nutrients for Stress, Immune
and Bone Support***

Can be taken on an empty stomach



24 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU 100%	Selenium (as selenium dioxide from culture media)	50 mcg 71%
Vitamin C (as ascorbic acid from culture media)	60 mg 100%	Copper (as copper sulfate anhydrous from culture media)	750 mcg 38%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU 250%	Manganese (as manganese chloride from culture media)	1 mg 50%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU 100%	Chromium (as chromium chloride from culture media)	60 mcg 50%
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg 100%	Molybdenum (as sodium molybdate from culture media)	10 mcg 13%
Thiamin (as thiamine hydrochloride from culture media)	1.5 mg 100%	Stress and Energy Support Blend (from culture media)	50 mg *
Riboflavin (from culture media)	1.7 mg 100%	Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)	
Niacin (as niacinamide from culture media)	20 mg 100%	Hormone Support Blend (from culture media)	30 mg *
Vitamin B6 (as pyridoxine hydrochloride from culture media)	2 mg 100%	Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)	
Folate (as folic acid from culture media)	400 mcg 100%	Immune Support Blend	20 mg *
Vitamin B12 (as cyanocobalamin from culture media)	12 mcg 200%	European Elder (berry) Extract, Organic Eleuthero (root) (from culture media), Organic Astragalus (root) (from culture media)	
Biotin (from culture media)	150 mcg 50%	Ginger (rhizome) hydroethanolic extract	3.2 mg *
Pantothenic Acid (as calcium D-pantothenate from culture media)	10 mg 100%	Organic Turmeric (rhizome) powder (from culture media)	3.2 mg *
Calcium (from algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. coralloides</i>])	25 mg 3%	Organic Ginger (rhizome) supercritical extract	0.8 mg *
Iron (as ferrous fumarate from culture media)	3 mg 17%	Organic Turmeric (rhizome) supercritical extract	0.8 mg *
Iodine (as potassium iodide from culture media)	75 mcg 50%		
Magnesium (as magnesium oxide from culture media and algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. coralloides</i>])	6 mg 2%		
Zinc (as zinc oxide from culture media)	2.5 mg 50%		

* Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin,
organic orange peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated],
bromelain [deactivated], organic molasses and organic safflower oil), organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).†

† The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC.
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For questions or comments call 888-874-4461

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