

**PROBIOTIC-CULTURED.
NON-GMO PROJECT VERIFIED.
WHOLE-FOOD COMPLEXED.**

Suggested use: Two tablets daily.
Can be taken anytime, even
on an empty stomach.

Gluten free; 100% vegetarian;
no artificial flavors or colors.

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e-newsletter at: newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you
should advise your healthcare practitioner of the use of
this product. If you are nursing, pregnant, or considering
pregnancy, you should consult your healthcare practitioner
prior to using this product.

WARNING: Accidental overdose of iron-containing products is a
leading cause of fatal poisoning in children under 6. Keep this
product out of reach of children. In case of accidental overdose,
call a doctor or poison control center immediately.

***This statement has not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure, or prevent any disease.**

Please recycle this bottle after use.
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every woman™ MULTIVITAMIN

**Whole-Food Cultured Multivitamin
with Nutrients for Immune, Stress
and Hormone Support***

Can be taken on an empty stomach



48 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 2 Tablets
Servings per container 24

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU 100%	Chromium (as chromium chloride from culture media)	100 mcg 83%
Vitamin C (as ascorbic acid from culture media)	60 mg 100%	Molybdenum (as sodium molybdate from culture media)	10 mcg 13%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU 250%		
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU 100%	Stress/Energy Support Blend (from culture media)	90 mg *
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg 100%	Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)	
Thiamin (as thiamine hydrochloride from culture media)	4 mg 267%	Hormone Support Blend (from culture media)	90 mg *
Riboflavin (from culture media)	5 mg 294%	Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)	
Niacin (as niacinamide from culture media)	20 mg 100%	Immune Support Blend (from culture media)	60 mg *
Vitamin B6 (as pyridoxine hydrochloride from culture media)	5 mg 250%	European Elder (berry) Extract, Organic Eleuthero (root), Organic Astragalus (root)	
Folate (as folic acid from culture media)	400 mcg 100%	Digestive Support Blend (from culture media)	45 mg *
Vitamin B12 (as cyanocobalamin from culture media)	30 mcg 500%	Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (seed), Organic Artichoke (leaf)	
Biotin (from culture media)	300 mcg 100%	Cardio Support Blend	30 mg *
Pantothenic Acid (as calcium D-pantothenate from culture media)	25 mg 250%	Organic Fenugreek (seed) from culture media, Organic Oregano (leaf) from culture media, Grapeseed Extract, Organic Hawthorn (berry and seed) from culture media	
Calcium (from algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. coralloides</i>])	50 mg 5%	Organic Turmeric (rhizome) powder (from culture media)	4.8 mg *
Iron (as ferrous fumarate from culture media)	9 mg 50%	Ginger (rhizome) hydroethanolic extract	2.4 mg *
Iodine (as potassium iodide from culture media)	75 mcg 50%	Organic Turmeric (rhizome) supercritical extract	1.2 mg *
Magnesium (as magnesium oxide; from culture media and algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. coralloides</i>])	10 mg 2%	Organic Ginger (rhizome) supercritical extract	0.6 mg *
Zinc (as zinc oxide from culture media)	7.5 mg 50%		
Selenium (as selenium dioxide from culture media)	100 mcg 143%		
Copper (as copper sulfate anhydrous from culture media)	750 mcg 38%		
Manganese (as manganese chloride from culture media)	2 mg 100%		

* Daily Value (DV) not established

Other Ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic alfalfa powder, organic carrot powder, papain [deactivated], bromelain [deactivated], lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], organic molasses and organic safflower oil), organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).*

** The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 For questions or comments call 888-874-4461

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