

Somesta® combines quality natural ingredients to combat occasional sleeplessness on a long term basis: compounds such as melatonin are commonly found in healthy people, however many individuals do not produce enough of these compounds, and as a result experience trouble falling asleep and sleeping through the night.†

The ingredients in Somesta® have been carefully balanced to complement each other and produce positive results in a relatively short time.†

Suggested Use: Take 1 capsule, one half hour before sleeping, preferably on an empty stomach.

Warning: If you are pregnant or lactating, consult a health care professional before using this product.
Keep out of the reach of children. Store in a cool dry place. Do not use this product if the safety seal if the bottle is broken.

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Distributed by:
Newton-Everett Biotech®
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Scottsdale, AZ 85255
866.593.3424

SOMESTA®
(melatryptophan) capsules

561mg

Promotes Restful Sleep†

30 Capsules

Dietary Supplement
newtoneverett®
biotech

Supplement Facts

Serving Size: 1 Capsule

Amount per Serving	%Daily Value	
Niacin (as inositol hexanicotinate)	5mg	25%
Vitamin B6 (as pyridoxine HCl)	5mg	250%
L-Tryptophan	500mg	*
Chamomile (flower)	25mg	*
Valerian Extract (root)	25mg	*
Inositol (from inositol hexanicotinate)	1.4mg	*
Melatonin	1mg	*

***Daily Value not established**

Other Ingredients: Vegetable capsule (hypromellose), microcrystalline cellulose, magnesium stearate, hydroxypropyl cellulose, silicon dioxide.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.