

Doctor's Best Purely Prenatal is a multivitamin formulated specifically to help support a healthy pregnancy and fetal development. It also supports breastfeeding mothers after the baby is born. Purely Prenatal contains folate, the **natural** form of folic acid that is primarily important for preventing neural tube defects. To help ease the nausea and vomiting commonly associated with pregnancy, Doctor's Best Purely Prenatal contains calming ginger.*

Doctor's Best Purely Prenatal contains **NO** genetically modified ingredients, **NO** wheat, **NO** gluten, **NO** sugar, **NO** dairy, **NO** nuts, **NO** soy, **NO** shellfish, **NO** yeast, **NO** artificial colors, **NO** artificial flavors, and **NO** sweeteners.

Helps support prenatal health*
Helps support fetal development*
May help ease digestive discomfort*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Purely
Prenatal**

**HELPS SUPPORT A HEALTHY PREGNANCY
AND FETAL DEVELOPMENT***



**Dietary
Supplement**

120 Veggie Caps



Supplement Facts

Serving Size 2 veggie capsules Servings per container 60 servings

Amount per serving	% Daily Value for pregnant or lactating women	Amount per serving	% Daily Value for pregnant or lactating women
Vitamin A (as A palmitate)	5000 IU 63%	Calcium (from tricalcium citrate)	50 mg 4%
Vitamin C (as ascorbic acid)	100 mg 167%	Iron (from carbonyl iron)	18 mg 100%
Vitamin D3 (as cholecalciferol)	1000 IU 250%	Iodine (from potassium iodide)	150 mcg 100%
Vitamin E (as d-alpha-Tocopheryl Acetate)	30 IU 100%	Magnesium (from magnesium glycinate)	15 mg 3%
Vitamin B1 (as thiamine HCl)	4 mg 235%	Zinc (from zinc citrate)	20 mg 133%
Vitamin B2 (as riboflavin)	10 mg 500%	Selenium (from L-selenomethionine)	50 mcg †
Niacin (as niacinamide)	20 mg 100%	Copper (from copper glycinate)	2 mg 100%
Vitamin B6 (as pyridoxine HCl)	10 mg 400%	Chromium (from chromium picolinate, Chromax®)	50 mcg †
Folate (natural folic acid from Quatrefolic®)	800 mcg 100%	Molybdenum (from molybdenum glycinate chelate)	50 mcg †
Vitamin B12 (as methylcobalamin)	25 mcg 313%	Choline (from choline bitartrate)	15 mg †
Biotin	300 mcg 100%	Ginger Extract (rhizome, 5% gingerols)	50 mg †
Pantothenic Acid (from calcium d-pantothenate)	15 mg 150%		

† Daily Value not established.

Other Ingredients: Modified cellulose (vegetarian capsule), microcrystalline cellulose, anthocyanin extract powder, silicon dioxide, magnesium stearate (vegetable source).

Suggested Adult Use: Take 2 capsules daily or as recommended by a nutritionally-informed physician.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Non-GMO / Gluten Free / Soy Free / Vegetarian

Color may vary. Natural materials may appear as specks.
 Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, USA

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