



**hypo-allergenic
dietary supplement.
360 CAPSULES**

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Supplement Facts		
serving size: 3 capsules		
servings per container: 30		
	amount per serving	% daily value
Vitamin A (as beta carotene)	15,000 iu	300%
Vitamin C (as ascorbic acid)	1,000 mg	1,667%
Vitamin D (as cholecalciferol (D ₃))	800 iu	200%
Vitamin E (as d-alpha tocopherol succinate)	400 iu	1,333%
Thiamin (as thiamin HCl (B ₁))	100 mg	6,667%
Riboflavin (vitamin B ₂)	50 mg	2,541%
Niacin (as niacinamide)	100 mg	500%
Vitamin B ₆ (as pyridoxine HCl)	25 mg	1,250%
Folate (as Metafolin [®] , L-5-MTHF)	800 mcg	200%
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	16,667%
Biotin	800 mcg	267%
Pantothenic acid (as calcium pantothenate (B ₅))	400 mg	4,000%
Calcium (as calcium citrate)	300 mg	30%
Iodine (as potassium iodide)	200 mcg	133%
Magnesium (as magnesium citrate)	200 mg	50%
Zinc (as zinc picolinate)	20 mg	167%
Selenium (as selenomethionine)	200 mcg	266%
Copper (as copper glycinate)	2 mg	100%
Manganese (as manganese aspartate)	5 mg	250%
Chromium (as chromium polynicotinate)	200 mcg	16.7%
Molybdenum (as molybdenum aspartate)	100 mcg	133%
Cyanocobalamin (as cyanocobalamin aspartate)	100 mcg	25%
Vitamin B ₁₂ (as cyanocobalamin)	2,000 mcg	100%
Vitamin B ₁₂ (as methylcobalamin)	2,000 mcg	100%

Ingredient	Amount	% Daily Value*
Calcium (as calcium ascorbate) (200 mg)	200 mg	40.0%
Calcium (as calcium ascorbate) (100 mg)	100 mg	20.0%
Calcium (as calcium ascorbate) (100 mg)	100 mg	20.0%
Calcium (as calcium ascorbate) (100 mg)	100 mg	20.0%
Copper (as copper glycinate)	2 mg	100%
Manganese (as manganese aspartate)	5 mg	100%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as molybdenum aspartate)	100 mcg	100%
Potassium (as potassium aspartate)	99 mg	2%
Boron (as boron glycinate)	2 mg	*
Vanadium (as vanadium aspartate)	200 mcg	*
Inositol hexaniacinate	50 mg	*
Riboflavin 5' phosphate (activated B ₂)	25 mg	*
Pyridoxal 5' phosphate (activated B ₆)	25 mg	*
Mixed carotenoids (as lutein, lycopene, zeaxanthin)	850 mcg	*

CHROMATE Chromate® brand nickel-bound chromium.
Chromate® is a registered trademark of IncoHealth, N.I.

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Abstract

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Keep out of the reach of children.

