

**Doctor's Best High Absorption Iron with Ferrochel®** is chelated to help increase bioavailability, and prevent the nausea and digestive discomfort commonly caused by iron supplementation. Chelation allows iron to pass easily through the intestinal wall, where minerals are optimally absorbed.\*

Iron is an essential mineral that helps in the production of normal red blood cells. It is an important component of hemoglobin which carries oxygen throughout the body.\*

Iron plays an important role in the metabolism of folic acid, which is important for fetal nervous system development.\* Anemia in pregnant women has been linked to low birth weight and premature birth.\* The most common cause of anemia is iron deficiency.\*

**Ferrochel® Iron is chelated with bisglycinate amino acids, providing high absorption and increased tolerability\***

**Helps prevent iron deficiency\***

**Helps support immune health\***

**Helps support cell production\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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**Dietary  
Supplement**

**Doctor's  
BEST®**

**Science-Based  
Nutrition™**

**High  
Absorption  
Iron** 100%  
Chelated  
with  
**FERROCHEL®**

**GENTLE ON THE STOMACH\***

**27 mg/120 Tablets** **Vegan®**

## Supplement Facts

Serving Size 1 tablet

Servings per container 120 servings

|                                                              | Amount per<br>serving | % Daily<br>Value | % DV Pregnant<br>and Lactating<br>Women |
|--------------------------------------------------------------|-----------------------|------------------|-----------------------------------------|
| Iron<br>(from Ferrochel®, Ferrous Iron Bisglycinate Chelate) | 27 mg                 | 150%             | 150%                                    |

† Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, magnesium stearate (vegetable source), silicon dioxide, coating (modified celluloses, glycerin).

**Suggested Adult Use:** Take 1 tablet daily with food, or as recommended by a nutritionally-informed physician.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**Non-GMO / Gluten Free / Soy Free / Vegan**  
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**  
California, USA

**(800) 777-2474 [www.drbbvitamins.com](http://www.drbbvitamins.com)**

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