

Lutemax® 2020 is a trademark of OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GNC

MEGA MEN[®] Sport

ONE DAILY

Dietary Supplement

ONE PER DAY MULTIVITAMIN

*B vitamins for energy production**

*Antioxidants to defend against free radicals**

One Per Day
60 CAPLETS

Iron Free

CODE 563312

BSG

DIRECTIONS: As a dietary supplement, take one caplet daily with food.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value
Vitamin A.....	1500 mcg167% (50% as beta-Carotene; 50% as Retinyl Acetate)
Vitamin C.....	300 mg333% (as Ascorbic Acid & Calcium Ascorbate)
Vitamin D (as Cholecalciferol D-3).....	40 mcg (1600 IU)200%
Vitamin E.....	22.1 mg147% (as Natural d-alpha Tocopheryl Acetate)
Vitamin K (as Phytonadione).....	80 mcg67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)...	50 mg4167%
Riboflavin (Vitamin B-2).....	50 mg3846%
Niacin (as Niacinamide & Niacin).....	50 mg313%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	50 mg2941%
Folate.....	.667 mg DFE167% (400 mcg Folic Acid)
Vitamin B-12 (as Cyanocobalamin).....	50 mcg2083%
Biotin.....	300 mcg1000%
Pantothenic Acid (as Calcium d-Pantothenate)...	50 mg1000%
Choline (as Choline Bitartrate).....	10 mg2%
Calcium.....	100 mg8% (as Calcium Carbonate & Calcium Ascorbate)

Amount Per Serving % Daily Value

Iodine (as Potassium Iodide).....	150 mcg100%
Magnesium (as Magnesium Oxide).....	50 mg12%
Zinc (as Zinc Oxide).....	15 mg136%
Selenium (as L-Selenomethionine).....	200 mcg364%
Copper (as Copper Oxide).....	2 mg222%
Manganese (as Manganese Sulfate).....	2 mg87%
Chromium (as Hydrolyzed Protein Chelate).....	120 mcg343%
Molybdenum (as Sodium Molybdate).....	75 mcg167%
alpha-Lipoic Acid.....	25 mg*
Broccoli Powder (Brassica oleracea Italica).....	25 mg*
Turmeric Root Extract (Curcuma longa).....	25 mg*
Inositol.....	10 mg*
Hyaluronic Acid.....	5 mg*
Silica (as Silicon Dioxide).....	4 mg*
Boron (as Hydrolyzed Protein Chelate).....	2 mg*
Lutemax® 2020 Lutein.....	950 mcg*
Lycopene.....	950 mcg*
Zeaxanthin (as Zeaxanthin Isomers).....	190 mcg*
Astaxanthin.....	50 mcg*
Vanadium (as Sodium Metavanadate).....	10 mcg*

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Magnesium Stearate Vegetable Source, Vegetable Acetoglycerides, Polyethylene Glycol, Polysorbate 80, Carnauba Wax, Riboflavin (Color).

CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.



Lot No./Best By: