Do not use if printed seal under cap is broken or missing

◊20 nutrients

‡This product is not manufactured or distributed by Hanna-Barbera Productions, Inc., owner of the registered trademark Flintstones®.

Compare to Flintstones® Complete‡

kids' multivitamin complete◊

helps support:

- healthy bones and teeth**
- immune health**

up&up

150 CHEWABLE TABLETS

DIETARY SUPPLEMENT

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Compare to Flintstones® Complete‡

kids' multivitamin complete◊

150 COUNT

helps support:

- healthy bones and teeth**
- immune health**

up&up

actual size

150 CHEWABLE TABLETS

DIETARY SUPPLEMENT

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: 2 & 3 years of age - Chew one-half tablet daily with food.
Adults and children 4 years of age and older - Chew one tablet daily, with food.

Supplement Facts

Serving Size: ½ tablet (2 & 3 years of age); 1 tablet (4 years of age and older)
Servings Per Container: 300 Half Tablets for 2 & 3 Years of Age or 150 Tablets for Adults and Children

Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (1/2 Tablet)	% Daily Value for Adults and Children 4 Years of Age and Older (1 Tablet)
Total Carbohydrate <1 g	†	<1%*
Vitamin A 3000 IU (25% as beta-carotene)	60%	60%
Vitamin C 60 mg	75%	100%
Vitamin D 400 IU	50%	100%
Vitamin E 30 IU	150%	100%
Thiamin (Vitamin B1) 1.5 mg	107%	100%
Riboflavin (Vitamin B2) 1.7 mg	106%	100%
Niacin 15 mg	83%	75%
Vitamin B6 2 mg	143%	100%
Folic Acid 400 mcg	100%	100%
Vitamin B12 6 mcg	100%	100%
Biotin 40 mcg	13%	13%
Pantothenic Acid 10 mg	100%	100%
Calcium 100 mg	6%	10%
Iron 18 mg	90%	100%
Phosphorus 100 mg	6%	10%
Iodine 150 mcg	107%	100%
Magnesium 20 mg	5%	5%
Zinc 12 mg	75%	80%
Copper 2 mg	100%	100%
Sodium 10 mg	†	<1%
Choline 38 mg	†	†

†Daily Value not established.
*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Dicalcium Phosphate, Sorbitol, Choline Bitartrate, Sodium Ascorbate, Ferrous Fumarate, Magnesium Oxide, Mono & Diglycerides, di-Alpha Tocopheryl Acetate, Gelatin, Talc, Natural and Artificial Flavor, Stearic Acid, Niacinamide, Zinc Oxide, Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Aspartame, Hydrogenated Vegetable Oil (Cottonseed), Malic Acid, FD&C Red #40 Aluminum Lake, Citric Acid, Vitamin A Acetate, Beta-Carotene, Folic Acid, Potassium Iodide, Biotin, Cholecalciferol, Cyanocobalamin.

PHENYLKETONURICS: CONTAINS PHENYLALANINE

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: If you or your child is taking medication or have a medical condition, consult your doctor before taking this product.

If you are pregnant or nursing a baby, ask a doctor before using this product.

Store in a dry place at room temperature (59°-86°F).

Questions? Call 1-888-547-7400

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