



# Balanced B50<sup>®</sup>

## ENERGY METABOLISM\* DIETARY SUPPLEMENT

Actual Product  
Size on Side Panel

Supports  
Heart & Nervous  
System Health\*

# 100 CAPLETS

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	3,333%
Riboflavin (Vitamin B-2)	50 mg	2,941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin (as d-Biotin)	50 mcg	17%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	500%
PABA (Para-Aminobenzoic Acid)	50 mg	**
Inositol	50 mg	**
Choline Bitartrate	50 mg	**
Proprietary Blend (Alfalfa, Watercress, Parsley, Soy Lecithin, Rice Bran)	2.5 mg	**

\*\*Daily Value not established.

**Other Ingredients:** Cellulose (Plant Origin), Dicalcium Phosphate, Silica, Vegetable Magnesium Stearate. **Contains <2% of:** Cellulose Coating, Croscarmellose, Maltodextrin, Mannitol, Natural Palm Leaf Glaze.

Contains soy ingredients.

The B Complex vitamins work together to support nervous system health and energy metabolism.\* This formula also contains Choline.

**Directions:** For adults, take one (1) caplet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, salt.

#### Vegetarian Formula

**Warning:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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Prod. No. 583 B6059 00A

Actual Size

# 258566



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