

Doctor's Best Calm with Zembrin® helps combat stress, tension, and occasional anxiety. It helps increase attention, focus, motivation, and concentration.*

Zembrin® is a patented standardized extract of *Sceletium tortuosum*; its use has been documented for more than 300 years. It has been clinically shown to enhance cognitive function and is cultivated in an environmentally stable process.*

Helps enhance executive function*

Helps enhance processing speed*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Zembrin® is the exclusive trademark of HG&H Pharmaceuticals (Pty) Limited.



YDRB456



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Calm
with **Zembrin®**

HELPS COMBAT STRESS AND TENSION*



25 mg / 60 Veggie Caps

Supplement Facts

Serving Size 1 veggie capsule
Servings per container 60 servings

	Amount per serving	% Daily Value
Zembrin® (<i>Sceletium tortuosum</i> aerial parts extract)	25 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule), silicon dioxide, magnesium stearate (vegetable source).

Suggested Adult Use: Take 1 capsule daily with or without food, or as recommended by a nutritionally-informed physician. Daily oral dose not to exceed 25 mg.

Warning: People taking psychiatric, anti-anxiety or anti-depressant medication should discuss the concomitant use of Zembrin-containing products with their healthcare professional.

Non-GMO / Gluten Free / Soy Free / Vegan

Color may vary.

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, USA

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