



Cod Liver Oil

EYE, SKIN & IMMUNE HEALTH*

DIETARY SUPPLEMENT

Actual Product
Size on Side Panel

100 SOFTGELS

Supports
Overall Wellness*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Cholesterol	<5 mg	1%
Vitamin A (as Retinyl Palmitate)	1,250 IU	25%
Vitamin D (as D3 Cholecalciferol)	135 IU	34%
Cod Liver Oil	415 mg	**
provides 90 mg of Total Omega-3 Fatty Acids [†] comprising of: EPA (Eicosapentaenoic Acid) 37 mg	**	**
DHA (Docosahexaenoic Acid) 36 mg	**	**
Other Fatty Acids		**

**Daily Value not established.

Other Ingredients: Gelatin (Bovine), Glycerin, Mixed Natural Tocopherols.

Contains fish (cod) ingredients.

[†]As Natural Triglycerides

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Our product provides the essential nutrients Vitamin A and Vitamin D. Vitamin D supports bone and immune system health while Vitamin A supports eye and skin health.*

Directions: For adults, take one (1) softgel daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Warning: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, salt.

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Actual Size

Prod. No. 58972
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