



Flush
Free

Niacin

Inositol Hexanicotinate

500 mg

HEART HEALTH*
DIETARY SUPPLEMENT

Actual Product
Size on Side Panel

200
CAPSULES

Supports
Cardiovascular & Nervous
System Health*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: For adults, take one (1) capsule daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Niacin 400 mg (as Inositol Hexanicotinate)	2,000%
Inositol 100 mg (as Inositol Hexanicotinate)	**

**Daily Value not established.

Other Ingredients: Gelatin (Bovine), Vegetable Stearic Acid. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Niacin is part of a coenzyme necessary for energy metabolism.* It also maintains nervous system, heart and skin health.*

Warning: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

NOTICE: Most people should not experience flushing when using this product. However, a few sensitive individuals may experience a temporary skin flushing (hot feeling and skin redness), burning, itching, or rash caused by an increase in blood flow near the skin. Do not take on an empty stomach. Do not take more than the recommended dose unless prescribed by your doctor.

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Actual Size



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