



Compare to One A Day®
Women's Formula*

Directions: Adults: One tablet daily, with food.

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

Caution: If you are pregnant or nursing a baby, or if you are taking any medication or have a medical condition, consult a doctor before using this product.

CHILD RESISTANT CAP

†Refers to daily values for thiamin, riboflavin, niacin, vitamins b6, b12, folic acid, biotin and pantothenic acid.

Store in a dry place at room temperature (59°F-86°F).

*This product is not manufactured or distributed by Bayer HealthCare LLC, distributor of One A Day® Women's Formula.

Supplement Facts

Serving Size: One tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	2500 IU 50%	Niacin	20 mg 100%	Iron	18 mg 100%
Vitamin C	60 mg 100%	Vitamin B6	2 mg 100%	Iodine	150 mcg 100%
Vitamin D	1000 IU 250%	Folic Acid	400 mcg 100%	Zinc	15 mg 100%
Vitamin E	22.5 IU 75%	Vitamin B12	6 mcg 100%	Selenium	20 mcg 29%
Vitamin K	25 mcg 31%	Biotin	300 mcg 100%	Copper	2 mg 100%
Thiamin	1.5 mg 100%	Pantothenic Acid	10 mg 100%	Manganese	2 mg 100%
Riboflavin	1.7 mg 100%	Calcium (elemental)	500 mg 50%	Chromium	120 mcg 100%

Ingredients: Calcium Carbonate, Microcrystalline Cellulose, Acacia, Ascorbic Acid, Drosacarmellose Sodium, Ferrous Fumarate, Calcium Silicate, Dicalcium Phosphate, dl-Alpha Tocopheryl Acetate, Niacinamide, Titanium Dioxide Color, Dextrin, Zinc Oxide, Stearic Acid, Hypromellose, Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Manganese Sulfate, Dextrose, Cupric Sulfate, Pyridoxine Hydrochloride, Lecithin, Thiamine Mononitrate, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Beta-Carotene, Biotin, Potassium Iodide, FD&C Yellow #6 Aluminum Lake, Sodium Selenate, Phytantriol, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Cyanocobalamin. **CONTAINS: SOY**

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Actual Size

One Daily Women's Formula

MULTIVITAMIN/
MULTIMINERAL
SUPPLEMENT

100% DV of all
8 B vitamins†

Actual Product Size on Side Panel

100 TABLETS

1F476 17 F1

#255042

