

beano®

Contains a natural enzyme
that **helps digest** many
gas-causing foods*



eat the foods you love!
beano®

Food Enzyme Dietary Supplement



Gluten Free

Actual Size

beano

100
TABLETS

Take **Beano®** before and
there'll **be no gas®**

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beano®
Food Enzyme
Dietary Supplement

Beano® prevents gas, bloating and discomfort caused by many healthful foods.*

How Beano® works: Beano® contains a natural food enzyme that breaks down the complex carbohydrates found in many foods, making them easier to digest so they don't cause gas.

How to use Beano® tablets:

1. **Use for the right problem:** Use Beano® if you experience the symptoms of stomach gas caused by many healthful foods.
2. **Use with the right food:** Beano® prevents gas from a variety of foods,* including:
Beans Cauliflower Onions Seeds
Broccoli Corn Peas Soy
Cabbage Lettuce Peanuts Whole grains
Carrots Oat Bran Peppers And more...

For a complete listing of foods visit www.beanogas.com

3. **Use at the right time:** Take right before your first bite of problem food.
4. **Use the right amount:** Swallow or chew 2-3 tablets for a typical meal.

Too much heat can inactivate the enzyme, so don't cook with Beano®.

When to use Beano®: Use it every day right before every meal with problem food.

Allergy Note: If a rare sensitivity occurs after taking Beano®, discontinue use. Galactosemics consult your doctor.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Storage: Store below 25°C (77°F).
Avoid heat.

Questions? 1-800-257-8650 weekdays
beanogas.com

If you are pregnant or nursing a baby, ask a doctor before use.

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 50

Amount Per Serving	%DV
Alpha-galactosidase enzyme 300 GALU	†

†Daily Value not established

Other Ingredients: cellulose gel, mannitol, invertase, potato starch, magnesium stearate, colloidal silica, gelatin. **Contains:** cod, flounder, redfish

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