
100%
Natural Fiber
found in Fruits & Veggies
Fiber Choice
Prebiotic Fiber Supplement
Assorted Fruit
90 SUGAR-FREE CHEWABLE TABLETS


Fiber Choice
ASSORTED FRUIT FLAVORS
Strawberry, Grape and Green Apple
Supplement Facts
Serving Size: 2 tablets
Servings Per Container 45
Calories 15
Amount/Serving
% DV*
Total Carb. 7g
2%
Dietary Fiber 3g
12%
Soluble Fiber 3g
†
† Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
INGREDIENTS: Inulin (natural vegetable fiber), salad, corn starch, microcrystalline cellulose, dextrose**, dicalcium, magnesium stearate, natural and artificial flavors, FD&C red no. 40 lake, FD&C blue no. 2 lake, FD&C blue no. 1 lake, FD&C yellow no. 5 lake
**Adds a trivial amount of sugar.
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Tarrytown, NY 10591
A Prestige Brands Company
Made in Belgium
QUESTIONS?
1-877-553-4237 weekdays
0 42037 10382 8
U.S. Patent Nos.
6,455,088
6,982,095
Other Patents Pending


Fiber Choice
= 3
GRAMS
OF FIBER
Chewable tablets in tasty
Strawberry, Grape &
Green Apple flavors.
DIRECTIONS: Adults: Chew 2 tablets up to 3 times a day. To minimize potential stomach discomfort, take with meals; start with 2 tablets and gradually increase up to 6 tablets.
AGE
SERVING SIZE
13 yrs. to adult
2 tablets* (3g fiber) up to 6 tablets per day
Children (4-12 yrs.)
1 tablet** (1.5g fiber) up to 3 tablets per day
Children under 4 yrs.
Consult your doctor
*Not to exceed 6 tablets daily.
**Not to exceed 3 tablets daily.
KEEP OUT OF REACH OF CHILDREN.
Store below 30°C (86°F).
Keep the container tightly closed.
Tamper Evident: Do not use if inner seal beneath the cap is missing or broken.
Tablets may contain dark speckles due to the manufacturing process of natural ingredients.


Fiber Choice
Prebiotic Fiber Supplement
Why Is Fiber Choice® a Better Choice?
Fiber Choice® is made of inulin, a 100% natural fiber found in fruits and vegetables. Inulin is a prebiotic fiber, meaning it stimulates the growth and activity of the friendly good bacteria that live in your digestive system.*
Prebiotic Fiber Nurtures Your Digestive Health Naturally*
It keeps food moving through your system, supporting your digestive track and aiding in regularity.*
Prebiotic Fiber Helps Maintain a Healthy Immune System Naturally*
A healthy digestive track is vital for a healthy immune system.* Inulin helps keep your digestive track balanced and the bad bacteria in check.*
Prebiotic Fiber Supports Good, Overall Health Naturally*
Daily intake of fiber is an important part of your overall good health.* Most Americans only get about half of the recommended 25-30 grams of fiber each day. So when you can't get the fiber you need from healthy foods, Fiber Choice® is a simple and tasty way to help close the fiber gap.
To learn more go to FiberChoice.com
*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.