



Theragran-M Premier 50 Plus Multivitamin/Multimineral Supplement Caplets 130 ea

This product gives you 31 nutrients including vitamin E, folic acid, B6, B12, vitamin A and vitamin C. Includes 3 key B vitamins associated with heart health.

- Helps promote a healthy heart*
- With lutein & lycopene
- Caplets are coated to make them easy to swallow
- With CoQ-10 250 mg
- No lactose or gluten and is iron free
- 1,000 IU's of vitamin D
- Includes two bottles - (1) large 100 count and (1) small 30 count

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

100% satisfaction guaranteed

Warnings

If you are taking medication, are planning any medical procedure, have a medical condition or have bleeding problems, consult your doctor before taking this product. **Keep out of reach of children. CONTAINS: SOY.**

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Directions:

Adults - One caplet daily with food. If you are pregnant or nursing a baby, ask a doctor before using this product.

To promote heart health:

- Eat a healthy diet
- Take a multivitamin
- Exercise
- Don't smoke
- Maintain normal body weight and blood pressure

Store at room temperature.

Facts:

Supplement Facts		
Serving Size:	1 Caplet	
Servings Per Container:		130
		% Daily Value*
Vitamin A	3500 IU	70
Vitamin C	120 mg	200
Vitamin D	1000 IU	250
Vitamin E	60 IU	200
Vitamin K	10 mcg	13
Thiamin (B1)	3 mg	200
Riboflavin (B2)	3 mg	176
Niacin (B3)	25 mg	125
Vitamin B6	6 mg	300
Vitamin B12	30 mcg	500
Biotin	35 mcg	12
Pantothenic acid	15 mg	75
Calcium	200 mg	20
Iron	0 mg	0
Phosphorus	50 mg	5

Iodine	150 mcg	100
Magnesium	100 mg	25
Zinc	17 mg	113
Selenium	200 mcg	286
Copper	2 mg	100
Manganese	3.5 mg	175
Molybdenum	75 mcg	100
Chloride	72 mg	2
Potassium	80 mg	2
Silicon	2 mg	*
Vanadium	10 mcg	*
Boron	150 mcg	*
Chromium	150 mcg	125
Coenzyme Q10	250 mcg	
Lutein	250 mcg	
Lycopene	375 mcg	

* Daily Value not established.
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calcium Carbonate, Dicalcium Phosphate, Magnesium Oxide, Potassium Chloride, Ascorbic Acid, Gelatin, D Alpha Tocopherol Acetate (Vitamin E), Microcrystalline Cellulose, Croscarmellose Sodium, Niacinamide, Calcium Silicate (Anticaking Agent), Zinc Oxide, Calcium Pantothenate, Stearic Acid, Dextrin, Manganese Sulfate, Titanium Dioxide, Hypromellose, Pyridoxine HCl, Magnesium Stearate, Polyethylene Glycol, Thiamin Mononitrate, Riboflavin, Dextrose, Cupric Oxide, Lecithin, FD&C Red 40, FD&C Yellow 6 Aluminum Lake (CI 15985), Vitamin A Acetate, Beta Carotene, Sodium Borate, Lycopene, Folic Acid, Sodium Selenate, Chromium Chloride, Coenzyme Q10, Lutein, Potassium Iodide, Sodium Molybdate, FD&C Blue 2 Aluminum Lake, Biotin, Cyanocobalamin, Cholecalciferol, Sodium Metavanadate, Phytonadione