

Doctor's Best Fully Active Folate with Quatrefolic® contains the natural form of folic acid. Adequate folic acid intake may help reduce a woman's risk of having a child with a spinal cord defect. It also helps promote healthy fetal brain and spinal development.*

In adults, folate helps support proper brain function and it plays an important role in mental and emotional health. **Quatrefolic®** is absorbed mainly in the small intestine to ensure a higher folate uptake.*

May help reduce the risk of having a child with a brain or spinal cord defect*

Helps promote healthy fetal brain development*

The natural form of folic acid*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Doctor's
BEST®**

**Science-Based
Nutrition™**

Fully Active Folate 800

with
Quatrefolic®

**HELPS SUPPORT HEALTHY
FETAL DEVELOPMENT***

Vegan™

**Dietary
Supplement**

800 mcg/60 Veggie Caps



Supplement Facts

Serving Size 1 veggie capsule

Servings per container 60 servings

	Amount per Serving	% Daily Value	% DV Pregnant and Lactating Women
Folate	800 mcg	200%	100%
[from Quatrefolic®, (6S)-5-Methyltetrahydrofolic acid, glucosamine salt]			

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule).

Suggested Adult Use: Take 1 capsule daily, preferably between meals, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, USA

(800) 777-2474 www.drbitamins.com

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