



Compare to Ingredients of
Flintstones® Complete***

Children's Chewables Complete

Multivitamin/Multimineral
Supplement

Great Tasting
Natural & Artificial Assorted
Fruit Flavors & Fun Animal Shapes



60 Chewable
Tablets

Dietary
Supplement

Directions: Under adult supervision, product should be fully chewed or crushed. Children 2 & 3 years of age – Chew one-half tablet daily, with food. Adults and children 4 years of age and older – Chew one tablet daily, with food. Do not exceed recommended dose. Do not take this product with other dietary supplements containing copper, folic acid, or zinc, or foods fortified with these nutrients.

Supplement Facts

Serving Size: 1/2 tablet (2 & 3 years of age); 1 tablet (4 years of age and older)

Servings Per Container: 120 half tablets (2 & 3 years of age) or 60 tablets (4 years of age and older)

Amount Per Tablet	% Daily Value for Children Less Than 4 Years of Age (1/2 Tablet)	% Daily Value for Adults and Children 4 Years of Age and Older (1 Tablet)	Amount Per Tablet	% Daily Value for Children Less Than 4 Years of Age (1/2 Tablet)	% Daily Value for Adults and Children 4 Years of Age and Older (1 Tablet)
Total Carbohydrate <1 g	†	<1%*	Vitamin B12 6 mcg	100%	100%
Vitamin A 3000 IU (33% as beta-carotene)	60%	60%	Biotin 40 mcg	13%	13%
Vitamin C 60 mg	75%	100%	Pantothenic Acid 10 mg	100%	100%
Vitamin D 600 IU	75%	150%	Calcium 100 mg	6%	10%
Vitamin E 30 IU	150%	100%	Iron 18 mg	90%	100%
Vitamin K 55 mcg	†	60%	Iodine 150 mcg	107%	100%
Thiamin 1.5 mg	107%	100%	Zinc 12 mg	75%	60%
Riboflavin 1.7 mg	105%	100%	Copper 2 mg	100%	100%
Niacin 15 mg	83%	75%	Sodium 10 mg	†	<1%
Vitamin B6 2 mg	143%	100%			
Folic Acid 400 mcg	100%	100%			

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Ingredients: Sorbitol, Calcium Carbonate, Dicalcium Phosphate, Maltitol, Sodium Ascorbate, Ferrous Fumarate, Mono & Diglycerides, di-Alpha Tocopheryl Acetate, Gelatin, Talc, Stearic Acid, Nicotinamide, Zinc Oxide, Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Malic Acid, FD&C Red #40 Aluminum Lake, Sucralose, Natural & Artificial Flavor, FD&C Yellow #5 Aluminum Lake, Citric Acid, FD&C Blue #2 Aluminum Lake, Pyridoxine Hydrochloride, Cupric Oxide, Thiamine Mononitrate, Riboflavin, Vitamin A Acetate, Beta-Carotene, Folic Acid, Potassium Iodide, Phytanadione, Biotin, Cholecalciferol, Cyanocobalamin.

Caution: If you or your child is taking medication or has a medical condition, consult a doctor before taking this product. If pregnant or nursing a baby, consult a doctor before using this product. Not for children under 2 years of age.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

Store at room temperature (59°F-86°F).

Questions or comments? 1-888-309-9030

Do not use if printed seal under cap is broken or missing

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