



Compare to Ingredients of One A Day®
Women's Formula*

Women's One Daily

Multivitamin/Multimineral
Supplement



Calcium & Vitamin D to Help Promote Strong Bones

This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

60 Tablets

Dietary
Supplement

Directions: Adults: One tablet daily, with food.

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

Supplement Facts

Serving Size: One tablet

Amount Per % Daily Serving Value			Amount Per % Daily Serving Value			Amount Per % Daily Serving Value		
Vitamin A	2500 IU	50%	Niacin	20 mg	100%	Iron	18 mg	100%
(20% as beta-carotene)			Vitamin B6	2 mg	100%	Iodine	150 mcg	100%
Vitamin C	60 mg	100%	Folic Acid	400 mcg	100%	Zinc	15 mg	100%
Vitamin D	1000 IU	250%	Vitamin B12	6 mcg	100%	Selenium	20 mcg	25%
Vitamin E	22.5 IU	75%	Biotin	300 mcg	100%	Copper	2 mg	100%
Vitamin K	25 mcg	31%	Pantothenic Acid	10 mg	100%	Manganese	2 mg	100%
Thiamin	1.5 mg	100%	Calcium (elemental)	500 mg	50%	Chromium	120 mcg	100%
Riboflavin	1.7 mg	100%						

INGREDIENTS: Calcium Carbonate, Microcrystalline Cellulose, Acacia, Ascorbic Acid, Croscarmellose Sodium, Ferrous Fumarate, Calcium Silicate, Dicalcium Phosphate, di-Alpha Tocopheryl Acetate, Niacinamide, Titanium Dioxide Color, Dextrin, Zinc Oxide, Stearic Acid, Hypromellose, Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Manganese Sulfate, Dextrose, Cupric Sulfate, Pyridoxine Hydrochloride, Lecithin, Thiamine Mononitrate, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Beta-Carotene, Biotin, Potassium Iodide, FD&C Yellow #6 Aluminum Lake, Sodium Selenate, Phytonadione, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Cyanocobalamin. **CONTAINS: SOY**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

Caution: If you are pregnant or nursing a baby, or if you are taking any medication or have a medical condition, consult a doctor before using this product.

CHILD RESISTANT CAP

Store in a dry place at room temperature (59°F-86°F).

Questions or comments?
1-888-309-9030

100%
**Satisfaction
Guaranteed!**
(888) 309-9030

*This product is not manufactured or distributed by Bayer HealthCare LLC, distributor of One A Day® Women's Formula.

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