

Advanced Multi-Vitamin & Mineral Supplement

TWINLAB®

100% or more
of 18 Essential
Nutrients

MEN'S ULTRA DAILY®

Promotes **ENERGY & Stamina**
Clinically Shown to



Promote **PROSTATE Health**
• Support Health & Wellness®
DIETARY SUPPLEMENT

120 Easy to Swallow Capsules

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as beta-carotene)	15000 IU 300%	Copper (as copper gluconate)	2 mg 10%
Vitamin C (as ascorbic acid)	400 mg 667%	Manganese (as manganese aspartate)	5 mg 100%
Vitamin D (as cholecalciferol)	400 IU 100%	Chromium (as chromium polynicotinate)	200 mcg 167%
Vitamin E (as d-alpha-tocopheryl acid succinate)	400 IU 1333%	Molybdenum (as molybdenum chelate)	45 mcg 90%
Thiamin (as thiamin mononitrate)	25 mg 1667%	Boron (as boron chelate)	1 mg
Riboflavin	25 mg 1471%	Vanadium (as vanadium chelate)	100 mcg
Niacin (as niacinamide)	75 mg 375%	Choline (as choline bitartrate)	25 mg
Vitamin B6 (as pyridoxine hydrochloride)	25 mg 1250%	Inositol	25 mg
Folic Acid	800 mcg 200%	PABA	25 mg
Vitamin B12 (as cyanocobalamin)	100 mcg 1667%	Alpha Lipoic Acid	5 mg
Biotin	300 mcg 100%	Trace Mineral Complex	1 mg
Pantothenic Acid (as D-calcium pantothenate)	50 mg 500%	Prostate Health Blend	380 mg
Calcium (as calcium carbonate and D-calcium pantothenate)	210 mg 21%	Nettle root extract, pygeum bark, saw palmetto berry extract, lycopene, selenium	
Iodine (as iodine)	150 mcg 100%	Energy and Stamina Blend	500 mg
Magnesium (as magnesium oxide)	100 mg 25%	Eleuthero (root and rhizome) extract, ginseng root, astragalus root, ashwagandha root, shisandra fruit and seed, polygonatum root, eucalyptus cortex, polygonatum rhizome, ginseng rhizome (partial peel), ginseng root, reishi fruit, schisandra fruit, licium fruit, licium seed, licium bark	
Zinc (as zinc chelate)	30 mg 200%		
Selenium (as sodium selenate)	200 mcg 288%		

OTHER INGREDIENTS: Gelatin, rice flour, potassium citrate, medium chain triglycerides, silica, magnesium stearate.

An Advanced Multi-Vitamin & Mineral
Made Specifically for Men.

Twinlab maker of Daily One Caps®, now presents
MEN'S ULTRA DAILY® - Includes a superior vitamin/mineral foundation as well as proprietary blends that no other multi-vitamin has.

• **Prostate Health Blend** - With clinically tested ingredients such as Nettle, Pygeum and Selenium to support a healthy prostate, along with other ingredients such as Lycopene and Saw Palmetto.*

• **Energy and Stamina Blend** - A proprietary blend of ingredients that offers men the energy and stamina support to help power through everyday activities of life.*

Directions: Take 4 capsules daily, preferably at mealtime or as directed by your healthcare professional.

WARNING: If you are pregnant or nursing, taking any medication or have any medical condition, consult a health care professional before use. Discontinue use of this product at least two weeks prior to any surgery.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

Best if used by date shown on bottle.

MANUFACTURED BY ISI BRANDS INC. AMERICAN FORK, UTAH 84003 USA
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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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