

Doctor's Best Stabilized R-Lipoic Acid contains BioEnhanced® Na-RALA, the sodium salt of R-Lipoic acid (RLA). Unlike regular RLA, BioEnhanced® Na-RALA is a stabilized form of RLA that won't degrade at high temperatures and is more bioavailable than regular RLA. The extraction method used on this RLA prevents solvent residues.*

Lipoic acid (LA) plays an important role in glucose metabolism and energy production. Because it is soluble in both water and fat, LA is known as the "universal antioxidant." LA occurs in two forms, designated as "R" and "S." Studies suggest that RLA, the natural form, is more biologically active than the S form.*

Essential for energy generation by mitochondria*

Helps promote the body's antioxidant defenses*

Helps maintain healthy blood sugar levels already within the normal range*

D-Biotin helps metabolize fats and carbohydrates*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB278-3

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Stabilized
R-Lipoic Acid**
with **BioEnhanced®
Na-RALA**

**HELPS PROMOTE HEALTHY
CARBOHYDRATE MANAGEMENT***



**Dietary
Supplement**

200 mg/60 Veggie Caps

Supplement Facts

Serving Size 1 veggie capsule

Servings per container 60 servings

	Amount per serving	% Daily Value
Biotin	150 mcg	50 %
R-Lipoic Acid	200 mg	†
(from Sodium R-alpha Lipoate (BioEnhanced® Na-RALA))		

† Daily Value not established.

Other ingredients: Modified cellulose (vegetarian capsule), cellulose, magnesium stearate (vegetable source), silicon dioxide.

Suggested Adult Use: Take 1 capsule daily with or without food, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, USA

(800) 777-2474 www.drbbvitamins.com

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