Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Calories	40	
Calories from Fat	40	
Total Fat	4.5 g	7%
Saturated Fat	1 g	5%
Polyunsaturated Fat	2 g	*
Monounsaturated Fat	1 g	*
Cholesterol	25 mg	8%
Omega-3 Fish Oil	4.5 g	*
Total Omega-3 Fatty Acids	1500 mg	*
EPA (eicosapentaenoic acid)	800 mg	*
DHA (docosahexaenoic acid)	500 mg	*
Other Omega-3 Fatty Acids	200 mg	*

* Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other ingredients: Natural lemon flavor, rosemary extract, ascorbyl palmitate, natural tocopherols.

Contains: Fish (from species such as anchovy, sardine or mackerel) and Soy.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Starch, Dairy, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, take one (1) teaspoon daily, preferably with a meal.

Shake well before using. **REFRIGERATE AFTER OPENING.**

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

The FDA has reviewed the data and concluded that supports but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.
TAMPER EVIDENT! Do not use if safety seal is broken or missing.

MADE IN NORWAY

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