

DIRECTIONS FOR USE

Adults: 6 tablets per day.

Age 12-18 years: 3 tablets per day.

Either take 6 tablets just before bedtime or split into 2 doses, before your evening meal and before bedtime.

Xtend-Life™ Neuro-Natural Sleep is a unique dietary supplement designed specifically to help support healthy sleep*.

Store in a cool, dry place.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Batch number:

Manufactured:

Use by date:



xtendlife™

neuro-natural
sleep
dietary supplement



ADVANCED FORMULA
ENTERIC COATED

90 TABLETS

Supplement Facts

Serving size: 6 Tablets

Servings per container: 15

Amount Per Serving		%DV
Calories	20	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Total Carbohydrate	2 g	<1%*
Dietary Fiber	1 g	4%*
Protein	1 g	2%*
Vitamin B6 (as Pyridoxal-5-Phosphate)	10 mg	500%
Folic Acid	323 mcg	81%
Biotin	2005 mcg	668%
Selenium (as L-Selenomethionine)	90 mcg	129%
Hop Cone Powder	500 mg	**
Passionflower Flower Extract	350 mg	**
L-Threonine	350 mg	**
Valerian Root Extract	350 mg	**
Bacopa Leaf Extract	250 mg	**
Alpha Lipoic Acid	199 mg	**
Soy Lecithin	160 mg	**
L-Carnosine	148 mg	**
Bilberry Fruit Extract	120 mg	**
Choline Bitartrate	101 mg	**
Dandelion Root Extract	100 mg	**
Green Tea Leaf Extract	100 mg	**
Milk Thistle Seed Extract	100 mg	**
L-Tyrosine	100 mg	**
Betain HCl	98 mg	**
Pomegranate Fruit Hull Extract	80 mg	**
D-Phenylalanine	79 mg	**
Inositol	73 mg	**
Grape Seed Extract	60 mg	**

Amount Per Serving

%DV

SAME (from 96 mg S-Adenosylmethionine Tosylate)	51 mg	**
Chamomile Flower Extract	50 mg	**
Eleuthero Root Extract	50 mg	**
Hawthorn Leaf & Flower Extract	50 mg	**
Quercetin (from Japanese Sophora Flower)	50 mg	**
Rosemary Leaf Extract	50 mg	**
L-Valine	50 mg	**
L-Glutamine	49 mg	**
L-Histidine HCl	49 mg	**
5-Hydroxytryptophan (from <i>Griffonia simplicifolia</i> Seed)	49 mg	**
Taurine	49 mg	**
Phosphatidyl Serine (from Soybean)	20 mg	**
Trans-Resveratrol (from Japanese Knotweed Root)	15 mg	**
Vinpocetine	14 mg	**
Piperine (from Black Pepper)	9 mg	**
Huperzine A (from Toothed Clubmoss Leaf & Stem)	200 mcg	**

* Percent daily values (DV) are based on a 2000 calorie diet

** Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Enteric Coating (Purified Water, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Carboxymethyl Cellulose, Talc, Polydextrose), Dextrose, Maltodextrin, Silicon Dioxide, Sodium Carboxymethyl Cellulose, Magnesium Stearate, Dicalcium Phosphate.

Contains soy.

Does not contain dairy, gluten, shellfish or peanut.

XTEND-LIFE NATURAL PRODUCTS (NZ) LTD

MEMBER OF THE XTEND-LIFE GROUP

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MADE IN NEW ZEALAND

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