

SOURCE NATURALS®



DIETARY SUPPLEMENT

# ST. JOHN'S WORT EXTRACT

STANDARDIZED TO 0.3% HYPERICINS  
SUPPORTS A POSITIVE MENTAL OUTLOOK\*

300 MG • 60 CAPSULES

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
St. John's Wort Aerial Parts	300 mg†
Standardized Extract 0.3%	
Yielding 0.9 mg Hypericins	

†Daily Value not established.

Other ingredients: gelatin (capsule), maltodextrin, and magnesium stearate.

A daily intake of St. John's wort standardized to 2.7 mg hypericins may support a positive outlook and mood.\* This product is standardized to consistently supply 0.3% hypericins. Benefits may be experienced within 4 to 6 weeks of initial use.

**Suggested Use:** 1 capsule three times daily. For best results, use this product for at least 6 weeks.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

**WARNING:** Do not use this product while taking any medication or if you have a medical condition, without the advice of your physician or pharmacist. St. John's wort is known to interfere with many prescription and non-prescription drugs, including oral contraceptives, antibiotics, antidepressants, anticoagulants, antihistamines, immunosuppressants, corticosteroids, diabetes drugs, antiviral, antiseizure, anticancer and cardiovascular drugs. It may also cause increased photosensitivity; limit exposure to UV radiation. If you are pregnant, may become pregnant, or breastfeeding, consult your healthcare professional before using this product.

Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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