

Bee Pollen Nutrition

The health benefits of bee pollen are numerous and include increased energy, mental strengthening, immune system support, and allergy and pain relief. Studies also suggest there is a connection between bee pollen and weight loss. These benefits come as a result of bee pollen's long list of nutrients. Considered a balanced food, bee pollen contains essential vitamins, minerals, proteins, carbohydrates, essential amino acids, fats and enzymes in their pure and natural plant form, providing a hearty dose of: Vitamins C, D, E, K, and B6 Essential minerals, including calcium, magnesium, and potassium Proteins, including lysine, aspartic acid, and isoleucine Amylase, diastase, cozymase, catalase, and other natural enzymes.



Bee Pollen

Supplement

Net Wt. 10 oz (284 grams)



Supplement Facts

Serving Size: 1/2 Teaspoon (approx. 1,175 mg)

Servings per Container: 105

	Amount Per Serving	% Daily Value
Bee Pollen	1,175 mg	†

† Daily Value not established.

*% of Daily Value is based on a 2,000 calorie diet.

Other Ingredients (continued): This product does not contain: sugar, salt, starch, yeast, corn, wheat, egg, or preservatives.

Recommendation: As a dietary supplement, to those who could be sensitive to bee pollen, start with 1/16 teaspoon three times daily. In 2 days increase to regular dose of 1/2 teaspoon three times daily. Can be added to juice. Store in a cool, dry place. Do not use if safety seal is missing or broken.

Warning: If you are pregnant, nursing, taking any medications, or experiencing health issues, consult your doctor before use. On rare occasions people who are allergic to bees could have a mild allergic reaction to bee pollen. This product is not intended to diagnose, treat, cure, or prevent any disease. Keep out of reach of children.

New Sun, Inc.
Hendersonville, NC 28792
(800) 544-0777 · mynewsun.com

Product 68-7
v5.0