



MATURE FORMULA

Dietary Supplement

Specialized formula for the needs
of adults over 50*

**MULTI
VITAMINS**

7a

100 Tablets

1960

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin A	5,000 IU	100%
(as Vitamin A Palmitate & 40% as Beta Carotene)		
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	25 mcg	31%
Vitamin B1 (as Thiamine Mononitrate)	3 mg	200%
Vitamin B2 (as Riboflavin)	3 mg	176%
Vitamin B3 (as Niacinamide)	25 mg	125%
Vitamin B6 (as Pyridoxine HCl)	3 mg	150%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%
Biotin	150 mcg	50%
Pantothenic acid (as Calcium D-Pantothenate)	5 mg	50%
Calcium (as Calcium Carbonate)	100 mg	10%
Iron (as Ferrous Fumarate)	10 mg	56%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	75 mg	19%
Zinc (as Zinc Sulfate)	15 mg	100%
Selenium (as Selenium Amino Acid Chelate)	15 mcg	21%
Copper (as Copper Amino Acid Chelate)	1 mg	50%
Manganese (as Manganese Amino Acid Chelate)	1 mg	50%
Chromium (as Chromium Amino Acid Chelate)	15 mcg	13%
Molybdenum (as Molybdenum Amino Acid Chelate)	15 mcg	20%
Potassium (as Potassium Chloride)	50 mg	1%

Choline (as Choline Bitartrate)	50 mg	†
Inositol	25 mg	†
Rutin	25 mg	†
Hesperidin complex	25 mg	†
Boron (as Boron Amino Acid Complex)	200 mcg	†

† Daily Value not established

Other Ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, croscarmellose sodium, silicon dioxide, aqueous film coating (purified water, hydroxypropyl methylcellulose, titanium dioxide, caramel color, polyethylene glycol).

Directions: As a dietary supplement for adults, 1 tablet daily, with or after meals, or as directed by a health professional.

Contains Milk, Fish (Cod, Haddock, Pollock, Hake, Cusk, Redfish, Sole, Flounder), Soy.

WARNING: Please consult a healthcare professional before taking this product if you are pregnant or nursing.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature. Protect from light. Keep out of reach of children.

Discover the Bronson Difference™

Bronson Laboratories

Lindon, UT 84042

Made in USA

For Information Call

1-800-235-3200

REF 1011

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.