

DIRECTIONS FOR USE

Age 12 years & over: 2 tablets per day.

Either take both tablets first thing in the morning or split into 2 doses, in the morning and later in the day.

Xtend-Life™ Multi-Xtra

is an advanced multi vitamin/mineral supplement with additional specialty nutrients to support bioavailability* and good health*.

Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Batch number:

Manufactured:

Use by date:



xtendlife™

multi-xtra
dietary supplement



ADVANCED FORMULA
SPECIALTY NUTRIENTS

60 TABLETS

Supplement Facts

Serving size: 2 Tablets

Servings per container: 30

Amount Per Serving		%DV
Calories	5	
Total Carbohydrate	<1 g	<1%*
Vitamin A (from Natural Mixed Carotenoids)	5000 IU	100%
Vitamin C (as Calcium Ascorbate, Potassium Ascorbate, Ascorbyl Palmitate)	155 mg	258%
Vitamin D (as Cholecalciferol)	500 IU	125%
Vitamin E (from D-Alpha Tocopheryl Succinate & Tocotrienol/Tocopherol Complex (from African Oil Palm))	102 IU	340%
Vitamin K (as Menaquinone-4)	180 mcg	225%
Thiamin (as Thiamin HCl)	12 mg	800%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg	588%
Niacin (as Nicotinic Acid & Niacinamide)	26 mg	130%
Vitamin B6 (as Pyridoxal-5-Phosphate)	8 mg	400%
Folic Acid	323 mcg	81%
Vitamin B12 (as Cobamamide)	25 mcg	417%
Biotin	400 mcg	133%
Pantothenic Acid (as Calcium Pantothenate)	41 mg	410%
Calcium (from Red Algae (<i>Lithothamnium</i> species), Calcium Ascorbate, Calcium Magnesium Inositol Hexaphosphate, Dicalcium Phosphate, Calcium Pantothenate)	62 mg	6%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Hydroxide (from Sea Water), Calcium Magnesium Inositol Hexaphosphate, Magnesium Stearate)	66 mg	17%
Zinc (as Zinc Citrate)	9 mg	60%
Selenium (as L-Selenomethionine)	100 mcg	143%
Copper (as Copper Gluconate)	0.1 mg	5%
Manganese (as Manganese Citrate)	2 mg	100%
Chromium (as Chromium Picolinate)	106 mcg	88%
Molybdenum (as Molybdenum Glycinate)	64 mcg	85%

Amount Per Serving

%DV

Potassium (as Tripotassium Citrate, Potassium Ascorbate, Potassium Iodide)	44 mg	1%
MSM (Methylsulfonyl Methane)	100 mg	**
Choline Bitartrate	93 mg	**
Inositol (as Inositol & Inositol Hexaphosphate)	67 mg	**
PABA (p-Aminobenzoic Acid)	50 mg	**
Soy Lecithin	50 mg	**
Horsetail Leaf & Stem Extract	40 mg	**
Mineral Sea Salts	30 mg	**
Green Tea Leaf Extract	25 mg	**
Betain HCl	24 mg	**
Alfalfa Leaf & Stem Extract	10 mg	**
Amylase (from <i>Aspergillus oryzae</i>)	10 mg	**
Bromelain (from Pineapple Stem)	10 mg	**
Rutin (from Japanese Sophora Bud)	9 mg	**
Piperine (from Black Pepper)	4 mg	**
Tocotrienol/Tocopherol Complex (EVNolMax® from African Oil Palm)	1.9 mg	**
Boron (as Boron Citrate)	600 mcg	**
Lutein (from Aztec Marigold Flower)	500 mcg	**
Lycopene (from Tomato)	180 mcg	**
Zeaxanthin (from Aztec Marigold Flower)	25 mcg	**

* Percent daily values (DV) are based on a 2000 calorie diet

** Daily value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Dextrose, Clear Glaze (Talc, Polyvinyl Alcohol, Polyethylene Glycol, Polysorbate 80), Silicon Dioxide, Sodium Carboxymethyl Cellulose, Maltodextrin.

Contains soy.

Does not contain dairy, gluten, shellfish or peanut.

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