



Complete Senior Multivitamin/Multimineral Supplement

everyday health support™

Formulated for Adults 50+ • Easy to Swallow Tablets
With Lutein 250 mcg & Lycopene 300 mcg

125 Tablets

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV	Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 2,500 IU (40% as Beta-Carotene)	50%	Vitamin B6 3 mg	150%	Magnesium 50 mg	13%	Potassium 80 mg	2%
Vitamin C 60 mg	100%	Folic Acid 400 mcg	100%	Zinc 11 mg	73%	Nickel 5 mcg	*
Vitamin D 500 IU	125%	Vitamin B12 25 mcg	417%	Selenium 19 mcg	27%	Silicon 2 mg	*
Vitamin E 50 IU	167%	Biotin 30 mcg	10%	Copper 0.5 mg	25%	Vanadium 10 mcg	*
Vitamin K 30 mcg	38%	Pantothenic Acid 10 mg	100%	Manganese 2.3 mg	115%	Lutein 250 mcg	*
Thiamin 1.5 mg	100%	Calcium 220 mg	22%	Chromium 50 mcg	42%	Lycopene 300 mcg	*
Riboflavin 1.7 mg	100%	Phosphorus 20 mg	2%	Molybdenum 45 mcg	60%		
Niacin 20 mg	100%	Iodine 150 mcg	100%	Chloride 72 mg	2%		

*Daily Value (DV) not established.

INGREDIENTS: CALCIUM CARBONATE, POTASSIUM CHLORIDE, DICALCIUM PHOSPHATE, MAGNESIUM OXIDE, ASCORBIC ACID (NT, C), D-ALPHA TOCOPHERYL ACETATE (NT, E), GELATIN, MICROCRYSTALLINE CELLULOSE, ACADA, CROSCARMELOSE SODIUM, STEARIC ACID, NADINAMIDE, CALCIUM SILICATE, HYPRONELLOSE, ZINC OXIDE, CROSPONDONE, POLYDEXTROSE, CALCIUM PANTOTHENATE, TITANIUM DIOXIDE COLOR, SILICON DIOXIDE, MANGANESE SULFATE, MAGNESIUM STEARATE, POLYETHYLENE GLYCOL, PYRIDOXINE HYDROCHLORIDE (NT, B6), THIAMINE MONONITRATE (NT, B1), RIBOFLAVIN (NT, B2), MEDIUM CHAIN TRIGLYCERIDES, COPPER SULFATE, BETA-CAROTENE, VITAMIN A ACETATE, FD&C BLUE #2 ALUMINUM LAKE, FOLIC ACID, CHROMIUM PICOLINATE, LYCOPENE, LUTEIN, POTASSIUM IODIDE, FD&C RED #40 ALUMINUM LAKE, FD&C YELLOW #5 ALUMINUM LAKE, SODIUM MOLYBDATE, SODIUM SELENATE, PHYTONADIONE (NT, K), BIOTIN, CYANOCOBALAMIN (NT, B12), SODIUM METHANEARATE, CHOLECALCIFEROL (NT, D3), NICKEL SULFATE.

Distributed by The Kroger Co. Cincinnati, Ohio 45202 **QUALITY GUARANTEE 800-632-6900 • www.kroger.com**

Suggested Use: Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

As with any supplement, if you are pregnant, nursing a baby, taking medication or have a medical condition, ask a doctor before using this product.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements. Keep out of reach of children. Store at room temperature. Keep bottle tightly closed.

This product contains 22 key nutrients, greater than or equal to 10% of the daily value, that are important for the body.

Gluten Free

