

women's health Multivitamin/Multimineral Supplement

COMPARE TO INGREDIENTS OF ONE A DAY® WOMEN'S FORMULA
***See Bottom Panel

STUDIES HAVE SHOWN THAT MULTIVITAMIN SUPPLEMENTS CAN HELP MAINTAIN THE HEALTH OF WOMEN. THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



One Daily
Multivitamin/
Multimineral
Supplement

women's health
100% DV of all B B-Vitamins†

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WOMEN'S FORMULA
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60 Tablets

Directions: Adults: One tablet daily with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	2500 IU	50%	Vitamin B12	6 mcg	100%
Vitamin C	60 mg	100%	Biotin	300 mcg	100%
Vitamin D	1000 IU	250%	Pantothenic Acid	10 mg	100%
Vitamin E	22.5 IU	75%	Calcium (elemental)	500 mg	50%
Vitamin K	25 mcg	31%	Iron	18 mg	100%
Thiamin	1.5 mg	100%	Iodine	150 mcg	100%
Riboflavin	1.7 mg	100%	Zinc	15 mg	100%
Niacin	20 mg	100%	Selenium	20 mcg	29%
Vitamin B6	2 mg	100%	Copper	2 mg	100%
Folic Acid	400 mcg	100%	Manganese	2 mg	100%
			Chromium	120 mcg	100%

INGREDIENTS: Calcium Carbonate, Microcrystalline Cellulose, Acacia, Ascorbic Acid, Croscarmellose Sodium, Ferric Fumarate, Calcium Silicate, Dicalcium Phosphate, dl-Alpha Tocopheryl Acetate, Niacinamide, Titanium Dioxide Color, Dextrin, Zinc Oxide, Stearic Acid, Hypromellose, Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Manganese Sulfate, Dextrose, Cupric Sulfate, Pyridoxine Hydrochloride, Lecithin, Thiamine Mononitrate, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Chloride, FD&C Yellow #5 Aluminum Lake, Beta-Carotene, Biotin, Potassium Iodide, FD&C Yellow #6 Aluminum Lake, Sodium Selenate, Phytanadione, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Cyanocobalamin. **CONTAINS: SOY**
Distributed by The Kroger Co., Cincinnati, Ohio 45202

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-232-3333)
Caution: If you are pregnant or planning to get pregnant, call a doctor or poison control center immediately. (1-800-232-3333)

COMPLETE VITAMINUM WITH MINERAL SUPPLEMENT
• Bone Health with Calcium and Vitamin D
• Heart Health with Vitamin B6 and Folic Acid
• Immune Health with Vitamin C and E
• Energy Metabolism with B-Vitamins
• Healthy Skin with Vitamin A, C, and E

CHILD RESISTANT CAP

Store in a dry place at room temperature (59°-86°F)



Actual Size