

Vitamin B12 is a key factor in energy production, DNA synthesis, and a healthy nervous system. It also helps manufacture red blood cells.

Your body does not make Vitamin B12, it must be consumed. Various inherited and lifestyle factors such as diet contribute to Vitamin B12 deficiencies. **Doctor's Best Fully Active B12** provides MethylCobalamin, the superior form of Vitamin B12 for optimum absorption.*

Helps support healthy memory, mood, circulation and well-being*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB286-2



**Dietary
Supplement**

**Doctor's
BEST**

**Science-Based
Nutrition™**

**Fully Active
B12**

**THE SUPERIOR FORM OF
VITAMIN B12-METHYLCOBALAMIN**



1500mcg/60 Veggie Caps

Supplement Facts

Serving Size 1 veggie capsule
Servings per container 60 servings

	Amount per serving	% Daily Value**
Vitamin B12 (as MethylCobalamin)	1500 mcg	25,000%

** %Daily Value based on a 2,000 calorie diet.

Other Ingredients: Cellulose, modified cellulose (vegetarian capsule).

Suggested Adult Use: Take 1 capsule daily with a meal, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, USA

(800) 777-2474

www.drbdvitamins.com