



Supplement Facts

Serving Size: 1 Scoop (40g)

Servings Per Container: Approx. 57

Amount Per Serving	% Daily Value
Calories 140	
Calories from Fat 15	
Total Fat 1.5g	2%*
Saturated Fat 1g	5%*
Trans Fat 0g	†
Cholesterol 55mg	18%
Total Carbohydrates 9g	3%*
Sugars 3g	†
Protein 20g	40%*
Calcium 110mg	11%
Sodium 60mg	3%

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: PREMIUM WHEY PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE, WHEY PEPTIDES) MALTODEXTRIN, RECOVERY BLEND (CREATINE MONOHYDRATE, L-LEUCINE, L-ISOLEUCINE, L-VALINE, L-GLUTAMINE), ALKALIZED COCOA POWDER, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, GUM BLEND (CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN), ACESULFAME-POTASSIUM, SUCRALOSE. **CONTAINS MILK AND SOY INGREDIENTS. MAY CONTAIN SULFITES. PROCESSED IN A FACILITY THAT ALSO PROCESSES EGG, PEANUT, AND WHEAT INGREDIENTS.**