BASIC DETOX

NUTRIENTS **360 VEGETARIAN CAPSULES**

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: Twelve Capsules Servings Per Container: 30

Twelve Capsules Contain:		% DV	Twelve Capsules Contain:		% DV	Twelve Capsules Contain:
Vitamin A (25,000 IU from Beta			Biotin	400 mcg	133%	N-Acetyl-L-Cysteine
Carotene and 2,500 IU as Palmitate)	27,500 IU	550%	Pantothenic Acid (as Calcium Pantothenate)	400 mg	4,000%	Methyl Sulfonyl Methane (MSM)
Vitamin D (as Vitamin D3)	1,600 IU	400%	Calcium (60 mg as Calcium Ascorbate, 120 mg as			Silybin Phytosome†† (Silybum marianum
Vitamin E (as d-Alpha Tocopheryl)	400 IU	1,333%	Calcium Citrate, and 120 mg as Calcium Malate)	300 mg	30%	(fruit) / Phosphatidylcholine complex fro
Vitamin K (as Vitamin K1)	100 mcg	125%	Iodine (as Potassium Iodide)	150 mcg	100%	Curcumin Phytosome†† (Curcuma longa ex
Vitamin C (as Calcium Ascorbate)	1 g	1,667%	Magnesium (240 mg as Magnesium Citrate			/ Phosphatidylcholine complex from Sunf
Thiamin (as Thiamin HCI)	200 mg	13,333%	and 240 mg as Magnesium Malate)	480 mg	120%	Inositol
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	50 mg	2,941%	Zinc (as Zinc Picolinate)	30 mg	200%	Green Tea Phytosome†† (Camellia sinens
Niacin (100 mg as Niacinamide and			Selenium (as L-Selenomethionine)	200 mcg	286%	(leaf) / Phosphatidylcholine complex fro
30 mg as Niacin)	130 mg	650%	Manganese (as Manganese Picolinate)	6 mg	300%	R-Lipoic Acid (as Sodium R-Lipoic Acid)†
Vitamin B6 (as Pyridoxal 5'-Phosphate)	100 mg	5,000%	Chromium (as TRAACS® Chromium Nicotinate			Dandelion extract (root) (Taraxacum office
Folate (500 mcg as Calcium Folinate and			Glycinate Chelate)†	200 mcg	167%	Boron (as Boron Picolinate)
500 mcg as L-5-Methyltetrahydrofolate from			Molybdenum (as Molybdenum Picolinate)	100 mcg	133%	Lutein (from Aztec Marigold extract (flow
L-5-Methyltetrahydrofolic Acid, Glucosamine S	Salt) 1 mg	250%	Potassium (36 mg as Potassium Citrate			(Tagetes erecta))
Vitamin B12 (225 mcg as Adenosylcobalamin			and 36 mg as Potassium Malate)	72 mg	2%	Vanadium (as Vanadium Picolinate)
and 225 mcg as Methylcobalamin)	450 mcg	7,500%	Choline Citrate	300 mg	*	*Daily Value (DV) not established.

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	Biotin	400 mcg	133%	N-Acetyl-L-Cysteine	200 mg	*
%	Pantothenic Acid (as Calcium Pantothenate)	400 mg	4,000%	Methyl Sulfonyl Methane (MSM)	100 mg	*
%	Calcium (60 mg as Calcium Ascorbate, 120 mg as			Silybin Phytosome†† (Silybum marianum extract		-1
%	Calcium Citrate, and 120 mg as Calcium Malate)	300 mg	30%	(fruit) / Phosphatidylcholine complex from Sunflower)	100 mg	*
%	lodine (as Potassium lodide) 150 mcg		100%	Curcumin Phytosome†† (Curcuma longa extract (root)		
%	Magnesium (240 mg as Magnesium Citrate			/ Phosphatidylcholine complex from Sunflower)	100 mg	*
%	and 240 mg as Magnesium Malate)	480 mg	120%	Inositol	60 mg	*
%	Zinc (as Zinc Picolinate)	30 mg	200%	Green Tea Phytosome†† (Camellia sinensis extract		
_	Selenium (as L-Selenomethionine)	200 mcg	286%	(leaf) / Phosphatidylcholine complex from Sunflower)	50 mg	
%	Manganese (as Manganese Picolinate)	6 mg	300%	R-Lipoic Acid (as Sodium R-Lipoic Acid)††	50 mg	*
%	Chromium (as TRAACS® Chromium Nicotinate			Dandelion extract (root) (Taraxacum officinale)	10 mg	*
_	Glycinate Chelate)†	200 mcg	167%	Boron (as Boron Picolinate)	3 mg	*
	Molybdenum (as Molybdenum Picolinate)	100 mcg	133%	Lutein (from Aztec Marigold extract (flower)		
%	Potassium (36 mg as Potassium Citrate				288 mcg	*
_	and 36 mg as Potassium Malate)	72 mg	2%	Vanadium (as Vanadium Picolinate)	100 mcg	*
%	Choline Citrate	300 mg	*	*Daily Value (DV) not established.		_

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

Suggested Use: Take 6-12 capsules daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place. If pregnant, consult your health-care practitioner before using this product. †This product uses Albion's TRAACS® Chromium Nicotinate Glycinate chelate. TRAACS is a registered trademark of Albion International, Inc.

†† This product uses GeroNova Research's Bio-Enhanced® R-Lippic Acid and Indena S.p.A.'s silybin phytosome (Siliphos®), curcumin phytosome (Meriva®) and green tea phytosome (Greenselect®). Bio-Enhanced is a registered trademark of GeroNova Research, Inc., and Siliphos, Meriva, and Greenselect are registered trademarks of Indena S.p.A. Taraxacum PE 4:1.

Manufactured For: Thorne Research, Inc., P.O. Box 25, Dover, Idaho 83825, USA 1-800-228-1966 www.thorne.com



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