

SAM-e (S-Adenosyl Methionine) is naturally produced by your body and helps maintain healthy emotions. Various factors such as diet and aging can cause low levels of SAM-e, leaving you feeling unbalanced and moody. **Doctor's Best SAM-e** helps replenish your SAM-e levels and promote a healthy mood.*

Supplementing with SAM-e

Soloesse® Italian SAM-e is processed to yield the highest available percentage of the active pure S,S form which helps mediate biochemical activity in the human body.*

SAM-e and Mood and Cognitive Function

SAM-e helps facilitate DNA enzymatic actions. These enzymatic actions are required for the healthy conversion of neurotransmitters responsible for healthy emotions, such as serotonin and dopamine. SAM-e also facilitates glutathione usage which improves the body's antioxidant defense and helps maintain acetylcholine levels necessary for cognitive function.*

SAM-e and Joint Function

In clinical trials, SAM-e has been shown to help increase joint comfort and mobility by promoting the synthesis of proteoglycans, essential components of connective tissue.*

SAM-e and Liver Function

SAM-e helps support healthy levels of glutathione, a critical antioxidant which helps protect against free radicals. SAM-e acts as a methyl donor in the synthesis and formation of phosphatidylcholine and L-cysteine, both necessary for maintaining liver health.

Soloesse® is a registered trademark of Gnosis SpA.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Doctor's BEST®

Science-Based Nutrition™

Our Double Strength SAM-e 400 contains 400mg of active Soloesse® SAM-e in each tablet. Doctor's Best utilizes only the highest quality Italian Soloesse® SAM-e available providing slow and targeted release for improved GI tolerance and absorption. This ensures that you receive the most potent SAM-e product with the highest percentage of the active S,S form per serving.*

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Doctor's BEST®

Science-Based
Nutrition™

Double- Strength SAM-e 400mg

HELPS ENHANCE MOOD AND
NEURAL FUNCTION*

HELPS PROMOTE JOINT COMFORT
AND MOBILITY*

HELPS SUPPORT LIVER HEALTH
AND DETOXIFICATION*



Dietary
Supplement

60 Enteric Coated Tablets



Supplement Facts

Serving Size 1 tablet
Servings per container 60 servings

Amount per serving		% Daily Value
S-Adenosyl Methionine	400 mg	†
(from 800 mg of SAM-e tosylate disulfate)		

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, magnesium hydroxide, stearic acid, calcium chloride anhydrous, magnesium stearate, colloidal silica anhydrous, calcium oxide, magnesium silicate, natural food glaze, arginine base, glycerol, sodium alginate.

Suggested Adult Use: Take 1 tablet daily between meals, or as recommended by a nutritionally-informed physician. Do not chew or crush tablet.

Warning: Individuals using antidepressant medications should consult with their prescribing physician prior to using this product. Individuals diagnosed with bipolar disease or manic depression should avoid supplementing with SAMe. Do not use if pregnant or nursing. May cause gastrointestinal discomfort in a small percentage of people.

Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Double Strength SAM-e is sealed in blister packs for freshness and stability.

Manufactured for **Doctor's Best, Inc.**
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www.drbitamins.com