

Omega 3 700 provides a natural, highly concentrated source of the Omega 3 polyunsaturates EPA and DHA from cold-water fish. This formulation promotes cardiovascular, joint and immune system health. It is molecularly distilled to remove mercury and other harmful contaminants.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com

©2011 Solgar, Inc.

SOLGB16104 02B



DOUBLE STRENGTH

**OMEGA 3
700 MG
EPA & DHA**

HEART HEALTHY*
**PURIFIED TO ELIMINATE MERCURY &
OTHER CONTAMINANTS**

GLUTEN, WHEAT & DAIRY FREE

30 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV	
Calories	15	
Calories from Fat	5	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%**
Total Omega 3	700 mg	***
Polyunsaturates†		
providing:		
EPA	360 mg	***
(eicosapentaenoic acid)		
DHA	240 mg	***
(docosahexaenoic acid)		

**Percent Daily Values (DV) are based on a
2,000 calorie diet

***Daily Value (DV) not established

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel three times daily, preferably with a meal, or as directed by a healthcare practitioner.

Ingredients: Fish Oil, Gelatin, Vegetable Glycerin, Mixed Tocopherols. Contains fish (anchovy, mackerel, sardine).

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

†As Natural Triglycerides

