

Ribose is a unique 5-carbon carbohydrate that is a fundamental building block of ATP (adenosine triphosphate), the source for all cellular energy. Ribose is the starting point and rate limiting compound in the synthesis of these fundamental cellular compounds and the availability of ribose determines the rate at which they can be made by our cells and tissues. Studies have shown that ribose supplementation can enhance cardiac energy levels and support cardiovascular metabolism.* Further studies suggest that ribose plays a role in supporting muscle energy recovery after exercise.* Exercise increases free radical production in muscle tissue. Ribose may strengthen and support the body's crucial antioxidant defenses.*

Helps support energy production in heart and muscle*

Helps promote muscle recovery following exercise*

Helps decrease free radical production during exercise*

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



YDRB173-4



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Pure D-Ribose Powder



HELPS ENHANCE ATP ENERGY PRODUCTION*

8.8 oz (250 grams)



Supplement Facts

Serving Size 1 scoop (5 grams)

Servings Per Container 50

	Amount per serving	% Daily Value
Calories	20	
Total Carbohydrates	5 g	2%**
Total Sugars	5g	
D-Ribose	5g	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: None.

Suggested Adult Use: Mix 1 level scoop into 8 ounces water or beverage of your choice, twice daily or as recommended by a nutritionally-informed physician.

Warning: Diabetics, pregnant or lactating women, and those with chronic gout should consult their physician before using this product.

Storage Instructions: Store tightly closed container in a cool dry place. Avoid excess heat and moisture.

Non-GMO / Gluten Free / Soy Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, USA

(800) 777-2474 www.drbvitamins.com

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