



Supplement Facts		
Serving Size: 2 Tablets		
Servings Per Container: 90		
	Amount Per Serving	%DV**
Vitamin A (as beta carotene)	4,000 IU	80%
Vitamin C (as ascorbic acid)	400 mg	667%
Vitamin D (as ergocalciferol)	130 IU	33%
Vitamin E (as α -phosphatidyl acetate)	100 IU	333%
Vitamin E (as α -phosphatidyl acetate)	20 mg	1333%
Thiamin (as thiamin HCl)	20 mg	1176%
Riboflavin	20 mg	100%
Niacin (as inositol hexanicotinate)	20 mg	1000%
Vitamin B6 (as pyridoxine HCl)	150 mcg	38%
Folic Acid	40 mcg	667%
Vitamin B-12	20 mcg	7%
Biotin	30 mg	300%
Pantothenic Acid (as calcium pantothenate)	400 mg	40%
Calcium (from hydroxylapatite, phosphate)	2 mg	11%
Iron (from ferrous fumarate)	40 mcg	27%
Iodine (from kelp)	100 mg	25%
Magnesium (from magnesium amino acid chelate)	4 mg	27%
Zinc (from zinc amino acid chelate)	60 mcg	85%
Selenium (from selenium amino acid chelate)	0.5 mg	25%
Copper (from copper amino acid chelate)	2 mg	100%
Manganese (from manganese amino acid chelate)	40 mcg	33%
Chromium (from chromium citrate)	120 mcg	3%
Potassium (from potassium citrate)	100 mg	**
L-Cysteine (from L-cysteine HCl)	30 mg	**
DL-Methionine	30 mg	**
Para-aminobenzoic Acid	20 mg	**
Inositol	14 mg	**
Chondroitin Sulfate	14 mg	**
Dimethylglycine	14 mg	**
Thymus Gland Powder	10 mg	**
Ginkgo Leaf (ginkgo biloba) p.e.*	10 mg	**

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Thymus Gland Powder	14 mg	**
Ginkgo Leaf (ginkgo biloba) p.e.*	10 mg	**
24% ginkgo flavone glycosides / 6% terpene lactones		
L-Carnitine (fumarate)	10 mg	**
Bilberry Fruit (vacinium myrtillus) p.e.* 25% anthocyanidins	8 mg	**
Co-enzyme Q-10	4 mg	**
Hawthorn Berry (crataegus laevigata)	4 mg	**

** Daily Value (DV) not established.

* Standardized powdered extract

OTHER INGREDIENTS: Stearic acid (vegetable source), cellulose gum, plant cellulose, magnesium stearate (vegetable source), magnesium silicate, silicon dioxide.

DIRECTIONS: Take 2 tablets with each meal or as directed by your healthcare professional. For best results, we suggest using this product as part of a full nutritional program that also includes Ultimate™ Classic® and Ultimate™ EFA™.

WARNING: May potentiate pharmaceutical MAO inhibitors. If you are pregnant, nursing or taking MAO inhibitors consult your physician before using this product.

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

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† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Youngevity™ Daily™ contains the vitamins and minerals you need for cardiovascular, immune and nervous system health.

For solid foundation nutrition, plus key