

L-Carnitine is a dipeptide (formed from two amino acids) that provides support for endurance exercise and recovery from high intensity exercise.* It is found in the mitochondria (powerhouses of cells) where it facilitates fat metabolism and energy production.* L-Carnitine is also heart healthy, as the heart in particular is reliant on L-Carnitine for the production of energy from fat.*

This formulation provides Free Form L-Carnitine for optimal absorption and assimilation.* It also provides Pantothenic Acid, part of a key coenzyme involved in energy release from cells.* Solgar offers these nutrients in a ready to use, great tasting, liquid delivery form. To reduce oxidation and preserve nutrient potency, the formula is filled under a nitrogen blanket.

Carefully Manufactured by:
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SOLGB30721 04E



L-CARNITINE 1500 MG

FREE FORM
SUPPORTS ENERGY & FAT METABOLISM*
PROMOTES EXERCISE RECOVERY*

Non-GMO
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS

16 FL. OZ. (473 mL)

NATURAL LEMON FLAVOR
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablespoon (15 mL)

Servings Per Container: About 31

Amount Per Serving		%DV
Pantothenic Acid	10 mg	200%
(as dextranthenol)		
L-Carnitine	1,500 mg (1.5 g)	**
(Free Form)		

**Daily Value (DV) not established

Other Ingredients: Vegetable Glycerin, Purified Water, Citric Acid, Natural Lemon Flavor, Potassium Sorbate (preservative), Sodium Benzoate (preservative).

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Artificial Flavor, Sweetener and Color.

SUGGESTED USE: SHAKE WELL before use. As a dietary supplement for adults, take one (1) tablespoon (15 mL) twice daily, preferably on an empty stomach or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if neck seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

