Prod No. 14811 Directions: For adult men, take three (3) tablets

daily, preferably before meals.

No Egg, No Grapefruit, No Sugar, No Artificial Flavor, WARNING: This product is intended for use by men and is not

intended for use by women. If you are taking any medications. including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to bees, bee products, sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature, Do not use if seal under cap is broken or missing. Pycnogenoi[®] is a reg. TM of Horphag Research Ltd. Use of this

product may be protected by one or more U.S. patents and other

Exter-C® is a registered TM of The Exter C Company: U.S. Pat. Nos. 6,197,813 and 6,878,744.

Carefully Manufactured by AMERICAN HEALTH, INC. Ronkonkoma, NY 11779 U.S.A.

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Eleuthero Root (Eleutherococcus senticosus)

(L. acidophilus, L. bulgaricus and B. bilidum)

Glutamine

Probiotic Complex

Coenzyme Q-10

Taurine

10E B74163

AMERICAN (*) HEALTH WHOLE FOOD CONCENTRATES MULTIVITAMIN FOR MEN

MEN'S BIOACTIVE COMPLEX

DIETARY SUPPLEMENT

90 TABLETS

Suppleme pSze 3 Tablets gs Per Container 30	nt Fac	ts
unt Per Serving	%Daily	Value
5	10	
arbohydrate	1 g	<755
n.A.(as Beta-Carotene)	10,000 IU	200%
	500 mg	833%
scorbic Acid and Ester-C [®] C		
D (as DD Cholecalcherst)	400 IU	100%
1 É	200 IU	667%
Alpha Tocophenyl Acid Succ	(rate)	
in .	50 mg	3,333%
min B-1) (as Thlamin Mor		
N/s	50 mg	2,941%
min B-2) (as Riboflavin 5'		
(as Necinamide)	50 mg	250%
n B-6	50 mg	2,500%
yridaxine Hydrochloride		
cid	400 mcg	100%

(as Magnesium Chide and Magnesium Obster

anganese (as Manganese Stucorate)

vonium às Chronium Picolnate)

1,000 mcg (1 mg)

1.000 mcg (1 mg)

1,000 mcg (1 mg)

		Boron (as Bororganic Olycine)
	Value	Methionine
HĄ	Amue	Inosital
		PASA (Para-Aminoberatic Acid)
	200%	Choline Startrate
	8894	Rutin
ig etert		Clinus Bioflavoroids
-	100%	(Chos ámon, Citrus sinereis) (truit and p
	667%	(from a 2:1 concentrate, equivalent to 150 of Otros Rintflavonnick).
,	99/7/	
90	3.332%	Hesperidin Complex (Citrus spp.) (peel)
٧	3,30211	Betaine Hydrochloride
30	230%	Bromelain
~	Course	Papain
10	250%	Beuthero Roct (Eleutherococcus serticos).
10	2,500%	L-Glutamine
•		faurine
cq.	100%	Probletic Complex

12:000	27.5 mg	**	Phy
	25 mg	**	Echinac
mids	75 mg	**	Garlic
on, Citrus sinensis) (thuit and	peet)		Paliph
concentrate, equivalent to 15	IO mg		(Red
dlavoroids)			Green
Complex (Citrus spp.) (peel)	25 mg	**	Vental
rodiloride	25 mg	**	(From
	8.25 mg		Caulif
	8.25 mg	**	Carro
ot /Seutherococcus sentice	asi 25 mg	**	Obus 0
	10 mg		(From
	5 mg	**	(tQA
mplex	8.6 mg		Mathro (From
hibs; L. bulgarious and R. bil	(duty)		
>13	3 mg	**	(iqu
	15.5 mg	**	Vamin
londa (Chlorophylins)	30 mg	**	(Pyris

not Root) (equivalent to 50 mg o		•
Complex on Orange Peel, Lime (fruit) ukalent to 33.7 mg of Oltrus Extr		
roem Complex im Maltale, Reishi Extract, Shilb uksilent to 15 mg of Mushroon	(Extracts)	
in Ce-Factor Complex ridexed 5' Phosphate (Vitamin I Pantethine (Pantothenic Acid	Co-Factor(i)	
oene	1,000 mag (1 mg)	
n rifled from Extracted Marigolds)	1,000 mcg (1 mg)	
Lipoic Acid	1,000 mag (1 mg)	•
rienal Complex	1,600 mcg (1,6-mg)	

m a 41 extract, equivalent to 12.5 mg of Bilberry

ea (Schinacea.angustibla) (1001) 15 mg Allum setium (bub)

mol Complex 15 mg Wine Fytrant /Offic virulleral Income skin)

wrot^o 5 mg 1 pinasteri (French Maritime Pine Bark Futuwri

(Purified from Extracted Marig	plés)
Alpha Lipoic Acid	1,000
Tocotnienal Complex	1,600
Men's Bloactive Complex	23
(Saw Palmette Extract /Savar Pumplin /Cocurbitir pepo) (si (root), Cramberny Extract /Noc (oquivalent to 100 mg of Extr	ect), Phodoli cinium mace

from a 41 extract, equivalent to 12.5 mg of Licoriosi Other Ingredients: Vegetable Cellulose, Gelatin, Calcium Silicate, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Red Cabbage, Titanium Dioxide Color. Contains milk, wheat and fish (anchovy, sardine) ingredients.

Bonge Oil and rest Oil (containing Omega-3 and Omega-6 Lipids)

ee Proposs (from a 4:1 extract, equivalent to 16:5 mg.

Licoriae Extract (Blycymtics (Glycymtics platns) (root)



Part No. 22-14810

_			
Supplement F	a	ci	ts
Serving Size 3 Tablets			
Servings Per Container 30			
Amount Per Serving		%Da	ily Value
Calories	10		
Total Carbohydrate	1	g	<1%**
Vitamin A (as Beta-Carotene)	10,000	IU	200%
Vitamin C (as Ascorbic Acid and Ester-C ^o Calcium Ascorbate)	500	mg	833%
Vitamin D (as D3 Cholecalciferol)	400	IU	100%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	200	IU	667%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50	mg	3,333%
Riboflavin (Vitamin B-2) (as Riboflavin 5' Phosphate)	50	mg	2,941%
Niacin (as Niacinamide)	50	mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50	mg	2,500%
Folic Acid	400	mog	100%
Vitamin B-12 (as Cyanocobalamin)	50	mog	833%
Biotin (as d-Biotin)	400	mog	133%
Pantothenic Acid (as d-Calcium Pantothenate)	50	mg	500%
Calcium (as Calcium Carbonate and Calcium Citrate)	500	mg	50%
lodine (from Kelp)	75	mog	50%
Magnesium (as Magnesium Oxide and Magnesium Citrate)	250	mg	63%
Zinc (as Zinc Citrate)	25	mg	167%
Selenium (as L-Selenomethionine)	50	mog	71%
Copper (as Copper Gluconate)	1	mg	50%
Manganese (as Manganese Gluconate)	5	mg	250%
Chromium (as Chromium Picolinate)	50	mog	42%
Potassium (as Potassium Citrate)	49.5	mg	1%
Boron (as Bororganic Glycine)	1	mg	
Methionine	18.75	mg	***
Inositol	37.5	mg	
PABA (Para-Aminobenzoic Acid)	37.5	mg	***
Choline Bitartrate	37.5	mg	***
Rutin	25	mg	***
Citrus Bioflavonoids (Citrus limon, Citrus sinensis) (fruit and pe (from a 2:1 concentrate, equivalent to 150 mg of Citrus Biofla			***
Hesperidin Complex (Citrus spp.) (peel)	25	mg	***
Betaine Hydrochloride		mg	***
Bromelain	8.25		***
Papain	8.25		***

25 mg

10 mg

8.6 mg

3 mg

5 mg

se Pollen	16.5	mg	
oirulina/Chlorella (Chlorophyllins)	30	mg	***
ee Propolis from a 4:1 extract, equivalent to 16.5 mg of Bee Prop	4.1 olis)	mg	
Glutathione	10	mg	
heat Grass/Barley Grass (Chlorophyllins)	30	mg	
orage Oil and Fish Oil (containing Omega-3 and Omega-6 Lipids)	233	mg	
oyal Jelly from a 3:1 concentrate, equivalent to 3 mg of Royal J	0.8 lelly)	mg	
corice Extract (Glycyrrhizin) (Glycyrrhiza glabra) (root) from a 4:1 extract, equivalent to 12.5 mg of Licorice)	3.1	mg	
Iberry Extract (Anthocyanins) (Vaccinium myrtillus) (fruit) from a 4:1 extract, equivalent to 12.5 mg of Bilberry)	3.1	mg	***
ycnogenol ^o (Pinus pinaster) (French Maritime Pine Bark Extract)	5	mg	***
chinacea (Echinacea angustifolia) (root)	15	mg	
arlic (Allium sativum) (bulb)	55	mg	•••
olyphenol Complex (Red Wine Extract (Vitis vinifera) (grape skin),	15	mg	
Green Tea Extract (Camellia sinensis) (leaf))			
agetable Complex (From Beet Root, Wild Yam Root, Brussels Sprouts (aer Cauliflower (whole plant), Celery Seed, Broccoli (whole pla			***

(equivalent to 50 mg of Vegetable Extracts) Citrus Complex (From Orange Peel, Lime (fruit)) 5.6 mg (equivalent to 33.7 mg of Citrus Extracts) Mushroom Complex

(From Maitake, Reishi Extract, Shiitake Extract (fruiting body) (equivalent to 15 mg of Mushroom Extracts) Vitamin Co-Factor Complex 3,330 mcg (3.3 ma) *** (Pyridoxal 5' Phosphate (Vitamin B-6 Co-Factor) and

Pantethine (Pantothenic Acid Co-Factor)) ycopene Lutein (Purified from Extracted Maricolds Alpha Lippic Acid

otrienol Complex 1.600 mcg (1.6 mg) Men's Bioactive Complex (Saw Palmetto Extract (Serenoa repens) (fruit), Pumpkin (Cucurbita pepo) (seed), Rhodiola (Rhodiola rosea) (root), Cranberry Extract (Vaccinium macrocarpon) (fruit))

Other Ingredients: Vegetable Cellulose, Gelatin, Calcium Silicate, Vegetable Stearic Acid.

(equivalent to 100 mg of Extracts)

Vegetable Magnesium Stearate, Red Cabbage, Titanium Dioxide Color. Contains milk, wheat and fish (anchovy, sardine) ingredients. No Egg. No Grapefruit, No Sugar, No Artificial Flavor,

AMERICAN HEALTH



CONCENTRATES

MULTIVITAMIN FOR MEN

OMEGA 3 & 6 LIPIDS ZING & SELENIUM MEN'S BIOACTIVE COMPLEX

DIETARY SUPPLEMENT

Prod No. 14810 More Than A Multiple™ For Men is an energy-rich mega-potency

multivitamin developed on the principle that concentrates derived from whole foods are really the best approach to proper nutrition in a supplement form. In addition to essential vitamins and minerals, More Than A Multiple™ For Men supplies your body with naturally occurring nutrients from whole foods not found in many supplements. These energy-rich whole foods work synergistically with other nutrients to provide extra nutritional support in one convenient formula.



More Than A Multiple™ For Men features a proprietary Bioactive Complex specifically developed for a man's physiology in an exclusive timed-release formula. You can count on More Than A Multiple™ For Men for immediate and extended nutritional support hour after hour!

This mega-potency men's multivitamin featuring energy-rich whole food concentrates contains:

. Over 40 vitamins, minerals, amino acids, phytonutrients. enzymes, bioflayonoids and herbs that work together to promote

- overall good health* . Omega-3 and Omega-6 lipids, essential for balanced health*
- . Natural whole food vegetable concentrate, citrus and mushroom complexes · All the nutritional support you need daily for optimum wellness*

Directions: For adult men, take three (3) tablets daily, preferably before meals.

one or more U.S. patents and other international patents.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are alleroic to bees, bee products, sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing. *These statements have not been evaluated by the Food and Drug Administration.

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90 TABLETS