

**Doctor's Best Curcumin with Curcumin C3 Complex® and BioPerine®** contains a potent standardized extract of *Curcuma longa* root, known as turmeric. Turmeric has centuries of tradition in Ayurvedic healing. The active ingredients in *Curcuma longa* are curcuminoids, compounds that demonstrate potent antioxidant properties in scientific studies.\* Curcuminoids may benefit the joints, brain, heart and circulatory system by helping to neutralize free radicals.\*

BioPerine® is an extract of Black Pepper fruit that contains 95-98% piperine as a natural bio-enhancer to promote absorption.\*

**Helps protect cells and tissue by fighting free radicals\***

**Helps prevent connective tissue breakdown by inhibiting destructive enzymes\***

**BioPerine® helps promote absorption of nutrients in the GI tract\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB107-4



**Dietary  
Supplement**

**Doctor's  
BEST®**

**Science-Based  
Nutrition™**

**High  
Absorption.  
Curcumin  
from Turmeric Root  
with CURCUMIN C3 COMPLEX® and BIOPERINE®**

**MAY BENEFIT THE JOINTS BY HELPING  
NEUTRALIZE FREE RADICALS\***

**500 mg / 120 Capsules**

## Supplement Facts

Serving Size 2 capsules

Servings per container 60 servings

| Amount per serving                                                                                                                                                                                                |         | % Daily Value |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------------|
| Turmeric root ( <i>Curcuma longa</i> )<br>(Curcumin C3 Complex®)<br>Standardized to >95% Curcuminoids<br>Including:<br>Bisdemethoxy Curcumin (2.2 - 6.5%)<br>Demethoxy Curcumin (15 - 19%)<br>Curcumin (75 - 81%) | 1000 mg | †             |
| Black pepper fruit extract ( <i>Piper nigrum</i> )<br>(BioPerine®)                                                                                                                                                | 6 mg    | †             |

† Daily Value not established.

**Other Ingredients:** Gelatin (capsule), microcrystalline cellulose, magnesium stearate (vegetable source).

**Suggested Adult Use:** Take 2 capsules daily with food, or as recommended by a nutritionally-informed physician.

**Non-GMO / Gluten Free / Soy Free**

Store in a cool dry place.

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Manufactured for **Doctor's Best, Inc.**

California, USA

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