

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

Solgar® Shark Liver Oil Complex supplies standardized amounts of alkoxyglycerols and squalene, two important components found in Shark Liver Oil. Shark Liver Oil has been traditionally used by Scandinavian fishermen and the people along the west coast of Norway and Sweden for hundreds of years.

Carefully Manufactured for:
Solgar, Inc.
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SOLGB16120 01B



SHARK LIVER OIL COMPLEX 500 MG

TRADITIONAL INGREDIENTS

GLUTEN, WHEAT & DAIRY FREE

60 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 30

Amount Per Serving		%DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Cholesterol	5 mg	2%*
Shark Liver Oil (alkoxyglycerols 100 mg [20%])	500 mg	**
Squalene	500 mg	**

*Percent Daily Values (DV) are
based on a 2,000 calorie diet

**Daily Value (DV) not established

Other Ingredients: Gelatin, Vegetable Glycerin.

Contains fish (shark) ingredients.

SUGGESTED USE: As a dietary supplement for adults, take two (2) softgels daily, preferably with a meal or as directed by a health-care practitioner.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

