

Doctor's Best MSM Powder contains highly purified MSM (methylsulfonylmethane), which supplies bioavailable sulfur needed for joints and connective tissues.* OptiMSM® is purified via distillation for highest purity and consistency and is an excellent source of sulfur. Although MSM occurs naturally in some foods, a significant amount of MSM is lost during the heating and processing of foods.*

Helps promote joint comfort and mobility*

Helps support a healthy immune response*

Helps enhance antioxidant defenses*

Helps support the structural integrity of skin*

Helps improve skin firmness and elasticity*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB076-3



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**MSM
Powder**

with **OptiMSM®**

HELPS PROMOTE JOINT AND SKIN HEALTH*

8.8 oz (250 grams) **Vegan™**

Supplement Facts

Serving Size 3 scoops (3 grams)
Servings per container Approximately 83 servings

	Amount per serving	% Daily Value
MSM (Methylsulfonylmethane from OptiMSM®)	3 grams (3000 mg)	†

† Daily Value not established.

Other Ingredients: None.

Suggested Adult Use: Take 3 scoops, mix with at least 8 ounces water or juice daily. Higher doses up to 6 scoops a day, may be appropriate, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
California, USA
(800) 777-2474 www.drbbvitamins.com

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