

Potassium is an essential mineral that supports healthy muscle activity and promotes proper fluid balance in the body. Magnesium supports bone health and supports cellular energy metabolism. These important minerals help replenish electrolytes and promote overall well-being.*

Solgar's KOF-K certification #K-1250

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POTASSIUM MAGNESIUM ASPARTATE

SUPPORTS ELECTROLYTE BALANCE*
PROMOTES ENERGY METABOLISM*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



90 VEGETABLE CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving		%DV
Magnesium	20 mg	5%
(as magnesium aspartate)		
Potassium	50 mg	1%
(as potassium aspartate)		

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Stearic Acid,
Vegetable Magnesium Stearate, Silica.

FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule up to four times daily, preferably with meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

