Niacin / Vitamin B3, is a water-soluble vitamin and is part of the B Complex. It is required for the metabolism of carbohydrates and protein into energy. Niacin also supports cardiovascular health, circulation and the health of the nervous system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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SOLGB71850 01C

SOLGAR®
Since 1947

NIACIN
(VITAMIN B 3)
500 MG

CARDIOVASCULAR SUPPORT*
SUPPORTS ENERGY METABOLISM*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

PARVE

250 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving		%DV
Niacin (as nicotinic acid)	500 mg	2500%

DV = Daily Value

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably with a meal or as directed by a healthcare practitioner.

NOTICE: Use of this product may cause a temporary skin flushing (hot feeling and skin redness), burning, itching, or rash caused by an increase in blood flow near the skin. Sensitive individuals may experience an unexpected drop of blood pressure or dizziness. Do not take on an empty stomach. Do not take more than the recommended dose unless prescribed by your doctor.

Not intended for use by pregnant and nursing women. If you are taking any medications or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

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