



He Shou Wu, also known as Polygonum Multiflorum Root, or Fo-Ti, is a favored rejuvenating tonic in both Ayurvedic and Chinese medicine.

Seal tightly. Store in a cool, dry place or refrigerate.

*The statements presented have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Plum Flower®

he shou wu

**Concentrated
Extract** in
Veggie Capsules

Herbal Dietary Supplement

何首烏膠囊

100 Capsules Net Wt. 50 g (1.75 oz)

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

服用量：2 粒
可服次數：50

Amount Per Serving	% Daily Value
Proprietary Extract Blend 1000 mg	
Polygonum Multiflorum Root Extract 何首烏提取物	†
† Daily Value not established. 未設用量值	

Other ingredients: Vegetarian capsule (modified vegetable cellulose, water), Dextrin, Magnesium stearate
其他成分：素膠囊，糊精，硬脂酸鎂

Take 2-3 capsules daily or as directed by your health care practitioner. Take with food.
每日二至三粒，飯後服，或遵照醫師的指示服用。

MW Code# 3049

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