

- AT THE HEART OF ORGANIC INDIA is our commitment to be a living embodiment of love and consciousness in action.
- WE WORK WITH THOUSANDS of small family farmers in India to cultivate thousands of acres of sustainable, organic farmland.
- ALL ORGANIC INDIA PRODUCTS PROMOTE health, happiness and True Wellness and are made with loving care.
- **EACH OF OUR PRODUCTS EMBODIES** a flow of love, respect and connectedness between Mother Nature, our farmers, our company and you.
- WE PROVIDE A LIFE OF DIGNITY to our local farmers, while bringing health & happiness to you.
- BY CHOOSING ORGANIC INDIA you're actively participating in our mission to create a sustainable global environment.

There is no difference between the dream and the waking state except that the dream is short and the waking long. Both are the results of the mind.

— SRI RAMANA MAHARSHI —

"LET THERE BE PEACE AND LOVE AMONG ALL BEINGS OF THE UNIVERSE."



Please support our environment by recycling this package.





TRUE WELLNESS

Tulsi Sleep

Promotes Calm, Restful Sleep

Tulsi~Holy Basil with Relaxing, Restorative Herbs

> CERTIFIED ORGANIC CAFFEINE FREE



Supplement Facts

Serving Size 1 infusion bag (makes 8 fl oz)

	Amount Per Infusion Bag	% DV
Proprietary Organic Blend	1.8 g	
Organic Tulsi (Holy Basil)) Blend	†
Holy Basil (Ocimum sai	nctum) (Krishna variety) (leaf)	
East Indian Basil (Ocim	num gratissimum) (Vana variety) (leaf)
Organic Cardamom (pod.)	Ŷ
Organic Chamomile (flow	ver)	Ť
Organic Peppermint (leaf	f)	Ŷ
Organic Dwarf Morning O	Glory (whole plant)	Ť
Organic Ashwagandha (r	oot)	Ŷ
Organic Gotu Kola (Cente	ella) (whole plant)	Ť
Organic Stevia (leaf)		Ŷ

GLUTEN FREE - KOSHER - INDIVIDUALLY WRAPPED FOR FRESHNESS

Mfg. Lic. No. A-2755 FOR EXPORT

Daily Value (DV) not established

To enjoy while pregnant or nursing, consult a physician before use. PRODUCT OF INDIA

DISTRIBUTED BY: ORGANIC INDIA USA BOLLIDER CO 80301 LISA 1-888-550-8332

Manufactured by: ORGANIC INDIA Pvt. Ltd. Factory: Plot No. 266, Faizabad Road, Kamta, P.O.Chinhat, Lucknow-226028, U.P. INDIA For more information, visit organicindia.com



Certified Organic by Product produced and processed according to NPOP standard of India & USDA-NOP www.controlunion.com





TRUE WELLNESS

Tulsi Sleep

This outstanding combination of stress relieving herbs, including the incomparable Tulsi, Gotu Kola, Ashwagandha and Dwaft Morning Glory provide the restorative energy needed for healthy sleep. Combined with Chamomile, Cardamom & Peppermint this delicious blend promotes a calm, restful sleep. It is also excellent in helping with jet lago.

Tulsi - A LEGACY OF GOOD HEALTH

- Reduces Stress*
- Aids Digestion* Anti Aging*
- Supports the Immune System* Abundant in Antioxidants*
- Balances Metabolism*
- Builds Stamina* Powerful Adaptogen*
- Balances Energy Levels* Uplifts Mood*

About Tulsi

Throughout India, Tulsi (also known as Holy Basil) is considered "The Oueen of Herbs" and is revered as a sacred plant infused with healing power, Traditionally grown in an earthen pot in every family home or garden. Tulsi's remarkable life-enhancing qualities, noted repeatedly in ancient Indian scriptures dating back 5,000 years. are now here for you to fully enjoy. Namaste!

DIRECTIONS FOR BEST RESULTS

Pour freshly boiled water over infusion bag in a large cup. Make sure to cover & steep for 15 minutes for maximum benefits. To soothe restlessness and facilitate a good night's sleep, savor and enjoy before going to bed.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

