



CogniZin[®] citicoline

250mg

specialty

60 veggie capsules
dietary supplement

brain[✓]

cognitive health[✓]

focus[✓]

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Veggie Capsule

	Amount Per Serving	% Daily Value
Cognizin [®] Citicoline	250 mg	*

* Daily Value not established.

Other ingredients: Rice flour, vegetable cellulose (capsule), magnesium stearate.

Does not contain: Wheat, Gluten, Sugar, Salt, Soy, Dairy, Fish, Artificial Colors or Flavors.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Cognizin[®] is a registered trademark of Kyowa Hakko Bio Co., Ltd.

DIRECTIONS: Take one (1) veggie capsule up to two (2) times daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

- ✓ Citicoline is a naturally occurring intermediate involved in the synthesis of phosphatidylcholine, a major constituent of the grey matter of brain tissue.
- ✓ Citicoline also promotes the synthesis of acetylcholine, a key brain neurotransmitter.

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Item No. VS-3597 2140168

