

our story

BEHIND THE BRANDS

As the world's most established healthy lifestyle brand, *Prevention* delivers authentic lifestyle advice that inspires readers to love their whole life, from nutrition to food, medicine to mood, exercise to the environment.

When *Prevention* decided to launch wellness teas, we knew we needed a partner that shared our wellness goals for people and the planet. As we learned more about ORGANIC INDIA, we knew we'd found a perfect partner.

Together, our brands share a passion for health and wellness, and an unwavering commitment to environmental regeneration. ORGANIC INDIA's herbs are ethically grown using regenerative agriculture practices to ensure quality harvests, and our blends are thoughtfully curated to deliver functional health benefits.

Behind our collaboration is the intention to empower you on your path to wellness.

Enjoy!

Prevention

WELLNESS TEAS



thrive

balanced energy support*

tulsi (holy basil), ashwagandha
and green tea



DIETARY SUPPLEMENT
18 INFUSION BAGS | NET WT. 1.27 OZ (36g)

Supplement Facts

9 servings per container

Serving size 2 tea bags (4g)

	Amount per serving	% DV
Proprietary Organic Blend	4g	†
Organic Green Tea (leaf)		†
Organic Ashwagandha (root)		†
Organic Tulsi (Holy Basil) blend		†
Organic Holy Basil (Krishna Variety)(leaf)		†
Organic Holy Basil (Rama Variety)(leaf)		†
Organic East Indian Basil (Vana Variety) (leaf)		†
Organic Lemongrass (leaf)		†

† Daily Value (DV) not established

Other Ingredients: Organic Lemon Flavor

GLUTEN FREE · KOSHER · CONTAINS CAFFEINE
INDIVIDUALLY WRAPPED FOR FRESHNESS

Origin: INDIA

Distributed by: ORGANIC INDIA, USA

Boulder, CO 80301 | 888-550-8332 | www.organicindia.com



Certified
Organic
by: Pennsylvania
Certified Organic
Cooperative

Certified Organic
by: Pennsylvania
Certified Organic
Cooperative

To enjoy while pregnant or nursing, consult a physician before use.

thrive

balanced energy support*

contains caffeine

TULSI (HOLY BASIL)

Revered in India as "The Queen of Herbs," tulsi has been used for more than 5,000 years to support vitality, immunity, and overall wellness.* This organic adaptogen also balances energy levels, uplifts mood, and aids in stress relief.*

GREEN TEA

Providing about the same amount of caffeine as a shot of espresso, green tea supports healthy energy levels without the jitters.* This organic, antioxidant-rich blend also supports a healthy heart* and the cardiovascular system.*

ASHWAGANDHA

Ashwagandha is a powerful herb used for centuries as a natural source of energy and vitality.* This organic adaptogen also helps calm and relieve stress,* contributing to overall wellness.*

For more information, visit organicindia.com.

Brewing Instructions:

Use 16 oz of just-boiled water for 2 infusion bags.
Cover and steep 5-10 minutes.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



ORGANIC INDIA & PREVENTION are committed to responsible packaging. This carton is made from 100% recycled paperboard, with a minimum of 30% post consumer content. Our infusion bags are made from unbleached, biodegradable fiber.

Please support our environment by recycling this package.



8 51469 00012 0