

Suggested Use

Adults take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

-  Liquid potency, easy absorption
Alcohol-free Liquid Phyto-Caps®
U.S. Patent No. 6,238,676 B1
-  100% vegetarian, dairy free,
no gluten-containing ingredients
Plant-derived capsule
-  Laboratory tested for purity
Free of heavy-metal toxicity

gaia
HERBS

DailyWellness™

Whole Body Defense®

Supports daily
immune wellness*

meetyourherbs®

Enter ID # at GaiaHerbs.com

60 VEGETARIAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

BEST BY
Enter ID# at GaiaHerbs.com

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving

Calories	5
Proprietary Extract Blend	370 mg†
Echinacea purpurea aerial parts extract ▲ (Echinacea purpurea), Astragalus root ♦, Larch gum ♦, Maitake mushroom fruit PD fraction extract ♦ (Grifola frondosa)	

†Daily Value not established

Other ingredients: Vegetable glycerin, water,
and capsule (vegetable cellulose)

- ▲ = Organic Ingredient
- ♦ = Ecologically Harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

[009] 780-1114

DailyWellness™

Longevity and vitality come naturally when your body is in a state of harmony. Gaia Herbs' DailyWellness™ products promote optimal wellness by giving you the daily support you need.

Whole Body Defense®

Staying healthy throughout the year can be a challenge, especially when stress wears you down and makes you vulnerable. Promoting healthy immunity should be a daily routine. *Whole Body Defense®* provides a combination approach to daily immune support with a formula blending herbal extracts of Echinacea, Astragalus and Larch with Maitake mushroom extract.*

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U.S. Patent No. 6,238,676 B1
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no gluten-containing ingredients
Easily digestible plant-derived capsule
-  Laboratory tested for purity
Free of heavy-metal toxicity

gaia
HERBS

DailyWellness™

Whole Body Defense®

Supports daily
immune wellness*

Herbal support of immune health*
Echinacea, Astragalus & Larch

Cellular immune support*
Maitake mushroom extract

meetyourherbs®

SEE BACK OF BOX TO LEARN HOW

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gaia
HERBS | plant
intelligence.®

GAIA FARM
BREVARD, NC

At Gaia Herbs' 250-acre certified organic farm and our on-site analytical lab - we plant, grow, harvest and research to optimize best practices in certified organic cultivation of over 40 crops annually.

meetyourherbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.