

Chromium is an essential trace mineral that plays an important role in helping insulin regulate blood glucose. Along with a nutritious diet, chromium may help maintain healthy blood sugar levels already within a normal range. In addition, chromium is involved in the release of energy from cells and is required for proper receptor functioning necessary for nutrient metabolism. This formulation contains trivalent, biologically active chromium.\*

Solgar's KOF-K certification #K-1250

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:  
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**SOLGB70866 04E**



# CHROMIUM PICOLINATE (TRIVALENT) 200 MCG ELEMENTAL CHROMIUM

SUPPORTS HEALTHY BLOOD SUGAR METABOLISM\*



Non-GMO  
GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS



180 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving		%DV
Chromium (as chromium picolinate)	200 mcg	571%

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule three (3) times daily, preferably with a meal or as directed by a healthcare practitioner.

Not intended for use by pregnant or nursing women. If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Diabetics and Hypoglycemics, use only under a physician's supervision. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged.

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**Chromax**  
chromium picolinate

