

Alpha Lipoic Acid is a coenzyme, and one of the most helpful antioxidants. It is referred to as the universal antioxidant because it is water and fat soluble, enabling it to function in both the membrane and aqueous parts of cells, to help fight cell damaging free radicals in the body. Alpha Lipoic Acid supports the regeneration of glutathione, one of the body's primary antioxidants, and helps to recycle glutathione, Vitamins C and E, and Coenzyme Q10.*

Carefully Manufactured by:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com

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SOLGB70057 03D

Since 1947
**ALPHA
LIPOIC ACID
120 MG**

ANTIOXIDANT SUPPORT*



Non-GMO
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS



60 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Alpha Lipoic Acid 120 mg**

**Daily Value not established

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Magnesium
Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.**

SUGGESTED USE: As a dietary
supplement for adults, take one (1)
vegetable capsule four times daily,
preferably with meals or as di-
rected by a healthcare practitioner.

If you are pregnant, nursing, taking any
medications or have any medical condition,
please consult your healthcare practitioner
before taking any dietary supplement. Keep
out of reach of children. Store at room
temperature. Do not use if outer bottle seal
is missing or damaged.

Solgar's KOF-K certification #K-1250

*These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.

